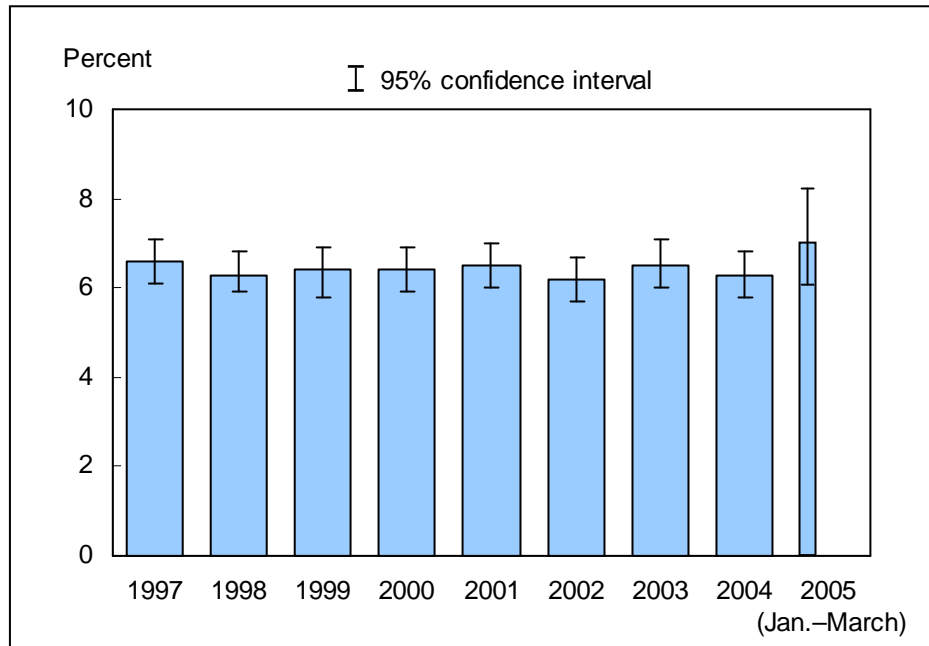


Figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997–2005



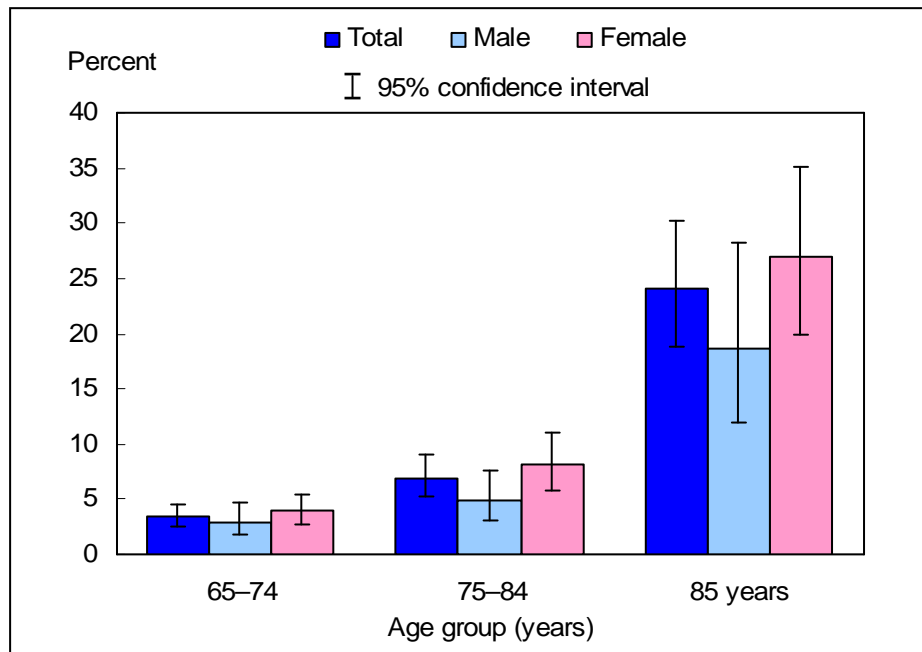
NOTES: Personal care needs, or activities of daily living (ADL), include eating, bathing, dressing, or getting around inside the person's home. The analyses excluded persons with unknown information on personal care needs (about 0.01% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–02 were recalculated using weights derived from the 2000 census. See "About This Release" and table III in the Appendix for more details.

DATA SOURCE: Family Core component of the 1997–2005 National Health Interview Surveys. The estimate for 2005 was based on data collected from January through March. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

■ In early 2005, 7.0% (95% confidence interval = 6.0%–8.2%) of adults aged 65 years and over needed help with personal care from other persons. This estimate was higher than, but not significantly different from, the 2004 estimate of 6.3%.

■ The annual percentage of adults who needed help with personal care from other persons was 6.6% in 1997, 6.3% in 1998, 6.4% in 1999, 6.4% in 2000, 6.5% in 2001, 6.2% in 2002, 6.5% in 2003, and 6.3% in 2004.

Figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January–March 2005

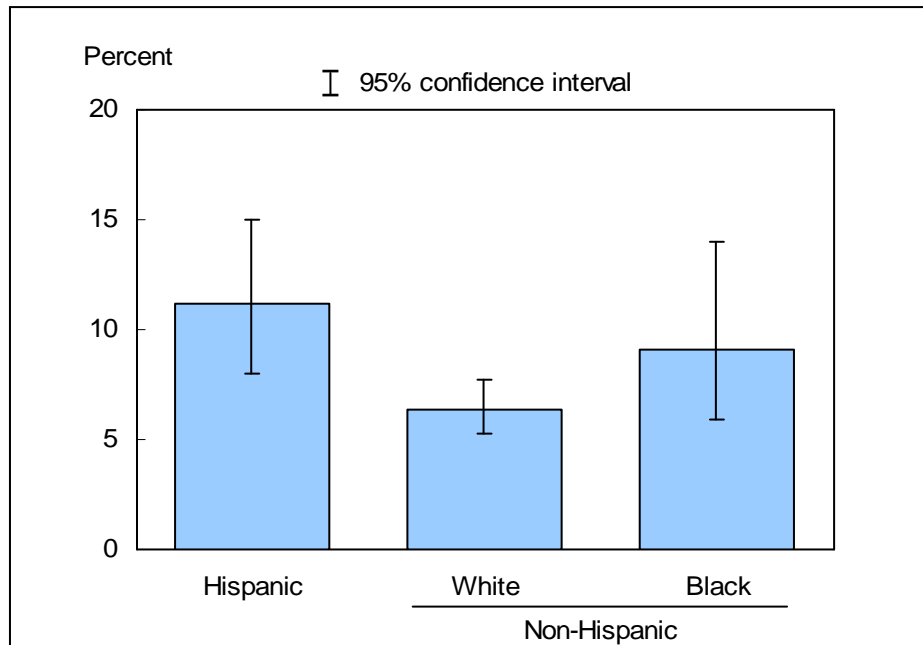


NOTE: Personal care needs, or activities of daily living (ADL), include eating, bathing, dressing, or getting around inside the person's home.

DATA SOURCE: Based on data collected from January through March in the Family Core component of the 2005 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both sexes combined, adults aged 85 years and over were more than six times as likely as adults aged 65–74 years old to need help with personal care from other persons (24.0% vs. 3.5%).
- There was no significant difference in the percentage of adults who needed help with personal care between women and men for all three age groups.

Figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January–March 2005



NOTES: Personal care needs, or activities of daily living (ADL), include eating, bathing, dressing, or getting around inside the person's home. Estimates are age-sex-adjusted to the 2000 projected U.S. standard population using three age groups: 65–74 years, 75–84 years, and 85 years and over.

DATA SOURCE: Based on data collected from January through March in the Family Core component of the 2005 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

■ The age-sex-adjusted percentage of persons who needed help with personal care from other persons was 11.2% for Hispanic persons, 6.4% for non-Hispanic white persons, and 9.1% for non-Hispanic black persons.

■ The percentage of those who needed help with personal care from other persons was higher for Hispanic persons than for non-Hispanic white persons.

Data tables for figures 12.1–12.3:

Data table for figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997–2005

Year	Percent	95% confidence interval
1997	6.6	6.1-7.1
1998	6.3	5.9-6.8
1999	6.4	5.8-6.9
2000	6.4	5.9-6.9
2001	6.5	6.0-7.0
2002	6.2	5.7-6.7
2003	6.5	6.0-7.1
2004	6.3	5.8-6.8
January–March 2005	7.0	6.0-8.2

DATA SOURCE: National Health Interview Survey, 1997–2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January–March 2005

Age and sex	Percent	95% confidence interval
65–74 years		
Total	3.5	2.6-4.6
Male	2.9	1.8-4.7
Female	3.9	2.8-5.5
75–84 years		
Total	6.8	5.2-9.0
Male	4.8	3.0-7.6
Female	8.2	5.8-11.4
85 years and over		
Total	24.0	18.8-30.2
Male	18.7	11.9-28.2
Female	26.9	19.9-35.2
65 years and over: crude¹		
Total	7.0	6.0-8.2
Male	5.0	3.8-6.6
Female	8.5	7.0-10.3
65 years and over: age-adjusted²		
Total	7.2	6.2-8.4
Male	5.5	4.2-7.2
Female	8.3	6.9-9.9

¹Crude estimates are presented in the figure.

²Estimates are age-adjusted to the 2000 projected U.S. standard population using three age groups: 65–74 years, 75–84 years, and 85 years and over.

DATA SOURCE: National Health Interview Survey, 2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January–March 2005

Race/ethnicity	Percent ¹	95% confidence interval
Hispanic or Latino	11.2	8.0-15.4
Not Hispanic or Latino:		
White, single race	6.4	5.3-7.7
Black, single race	9.1	5.9-14.0

¹Estimates are age-sex-adjusted to the 2000 projected U.S. standard population using three age groups: 65–74 years, 75–84 years, and 85 years and over.

DATA SOURCE: National Health Interview Survey, 2005. Data are based on household interviews of a sample of the civilian noninstitutionalized population.