



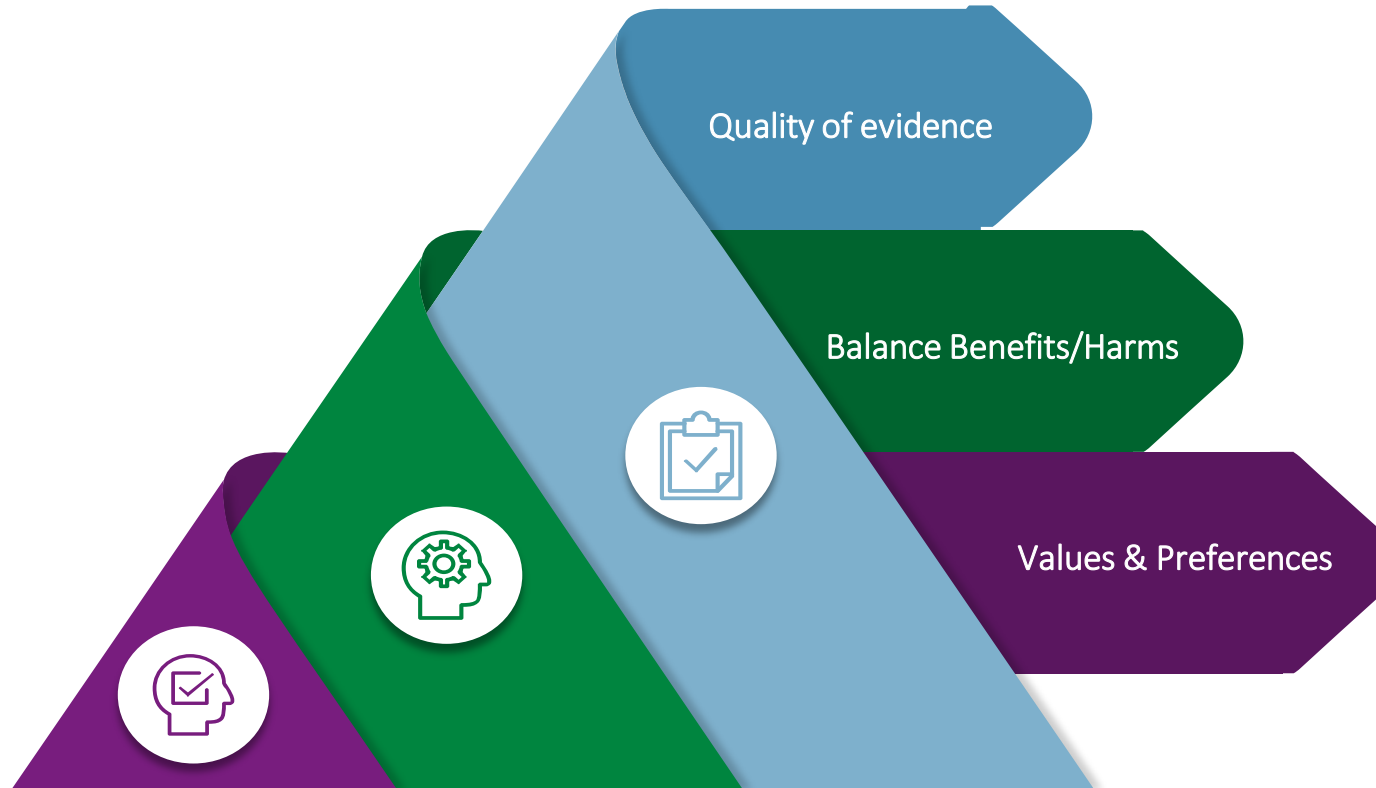
# Management of Acute and Chronic Pain: Opportunities for Stakeholder Engagement and Public Comment

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# Understanding pain and pain management



# Which stakeholders are being engaged?

Through online/written public comment and through individual conversations, CDC is specifically engaging with three key stakeholder groups:



Patients with acute or chronic pain



Patients' family members and caregivers



Health care providers who care for patients with pain or conditions that can complicate pain management (e.g. opioid use disorder or overdose)

# Why public comments?

*By soliciting comments, CDC aimed to better understand **public perspectives on and experiences with pain and pain management**, especially as they relate to...*

Experiences managing pain, including the benefits, risks, or harms of pain management options.



Experiences choosing among pain management options, including factors like each option's accessibility, cost, benefits, or risks.



Experiences getting information needed to make pain management decisions.



# Who commented?

*The comment period remained open for **60 days** and received, on average, more than **88 comments per day**, resulting in...*

**5,297** Total Comments



**4,085** From Patients

**416** From Caregivers

**698** From Advocacy/Industry Groups

**101** From Providers

# Initial Observations: By Stakeholder Group



**PATIENTS**

**4,085** Comments  
from Patients

*Respondents commenting on their own experience **needing, seeking, or receiving pain management options** reported...*

## **Frustrations**

in accessing or receiving opioid medication as a result of the 2016 Guideline

## **Experiences**

using non-pharmacological pain management options

## **Insights**

comparing chronic pain management, pre- and post-2016 Guideline

# Initial Observations: By Stakeholder Group



CAREGIVERS

**416** Comments  
from Caregivers

*Respondents commenting on their experience **providing mental, emotional, or physical support to a friend or family member** who requires pain management reported...*

## **Experiences**

providing support to family members or friends who manage acute or chronic pain

## **Perspectives**

around other's increased quality of life as a result of taking pain medication(s)

## **Impacts**

of 2016 Guideline on their family members or friends' access to pain medications

# Initial Observations: By Stakeholder Group



## PROVIDERS

**101** Comments  
from Providers

*Respondents commenting on their experience **providing pain management option(s)** reported...*

### **Opinions**

around the need for  
additional guidance  
within the 2016  
Guideline

### **Frustrations**

with the lack of  
autonomy with their  
patients

### **Recommendations**

for non-opioid  
substances and  
treatments for pain  
management



# Initial Observations: By Stakeholder Group



**ADVOCACY/  
INDUSTRY**

**698**

Comments  
from Advocacy/Industry

*Respondents commenting as an affiliate with an organization or as a pain management advocate who did not provide identifiable information reported...*

## **Impacts**

of 2016 Guideline on patients & providers (e.g., untreated pain, fear to prescribe)

## **Support**

for a multi-disciplinary approach to pain management

## **Recommendations**

for training programs for prescribing doctors and pain management options

# What's next?

April – Jun 2020

**Public  
Comment  
FRN 1**

July 2020

**Public  
Comment  
Analysis**

Early Fall 2020

**Individual  
Conversations  
FRN 2**

Early - Late Fall 2020

**Individual  
Conversations  
Analysis**



# Looking ahead

- Companion Federal Register notice: Management of Acute and Chronic Pain: Opportunity for Stakeholder Engagement
- [www.cdc.gov/emailupdates](http://www.cdc.gov/emailupdates) and select topics of interest
  - Subscription Topics: Injury, Violence, and Safety
  - Subtopic: Drug Overdose News

# Discussion

- ❓ How might we encourage practicing healthcare providers to participate, given competing priorities of the COVID-19 response and clinical duties?
- ❓ How might we acknowledge potential feedback about COVID-19, while still focusing the conversations on information that can inform the guideline update?
- ❓ How might we select 100 individuals for the non-standardized conversations in the most equitable and non-biased way possible?
- ❓ How might we address other areas of insight learned through observations, is there a role for the BSC?

For more information, contact CDC  
1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348 [www.cdc.gov](http://www.cdc.gov)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

