HIV SURVEILLANCE SPECIAL REPORT



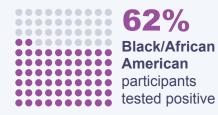
HIV Infection, Risk, Prevention, and Testing Behaviors Among Transgender Women

National HIV Behavioral Surveillance • 2019–2020

1,608 transgender women were interviewed in **7 cities** with high levels of HIV.

42% had HIV

HIV was more common among Black/African American and Hispanic/Latina transgender women.





35% Hispanic/Latina participants tested positive 17% White participants tested positive

63% visited a health care provider within 1 month after diagnosis and 90% were currently taking antiretrovirals*

Many transgender women **experience poverty and homelessness**, factors that can affect overall health. Some transgender women may turn to **exchanging sex for money** because of discrimination and lack of economic opportunities.



lived at or below the federal poverty level



experienced homelessness in the past 12 months



received money or drugs in exchange for sex

Some transgender women **seek gender-affirming hormonal treatments.** Access to gender-affirming treatment may improve uptake of HIV treatment and prevention.

Hormone use for gender affirmation





U.S. Department of Health and Human Services Centers for Disease Control and Prevention

82% tested for HIV in the past 12 months.

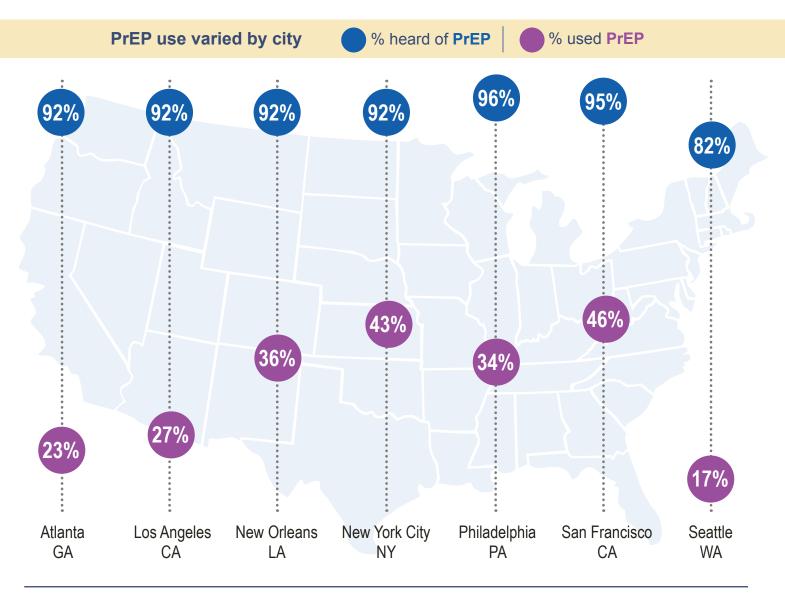


Pre-exposure prophylaxis or PrEP is a pill that, taken daily, is highly effective at preventing HIV.

Among transgender women who were HIV-negative, PrEP awareness was high, but use was low.

92% had heard of PrEP but only 32% had used PrEP in the past 12 months.





NHBS collects data to guide HIV prevention efforts at local and national levels by characterizing and monitoring HIV risk behaviors and use of testing and other prevention services among people at highest risk for HIV infection. Read full report: <u>https://www.cdc.gov/hiv/pdf/library/reports/surveillance/cdc-hiv-surveillance-special-report-number-27.pdf</u>