CDC PUBLIC HEALTH GRAND ROUNDS

Tracking Environmental Health Data for Public Health Decision Making



Accessible version: https://youtu.be/NN3OgAZA1xg



Creating a Network for Action: Environmental Public Health Tracking Program



Heather Strosnider, MPH

Acting Lead, Science Development Team
Environmental Health Tracking Branch
Division of Environmental Hazards and Health Effects
National Center for Environmental Health



Understanding How Our Environment Affects Our Health

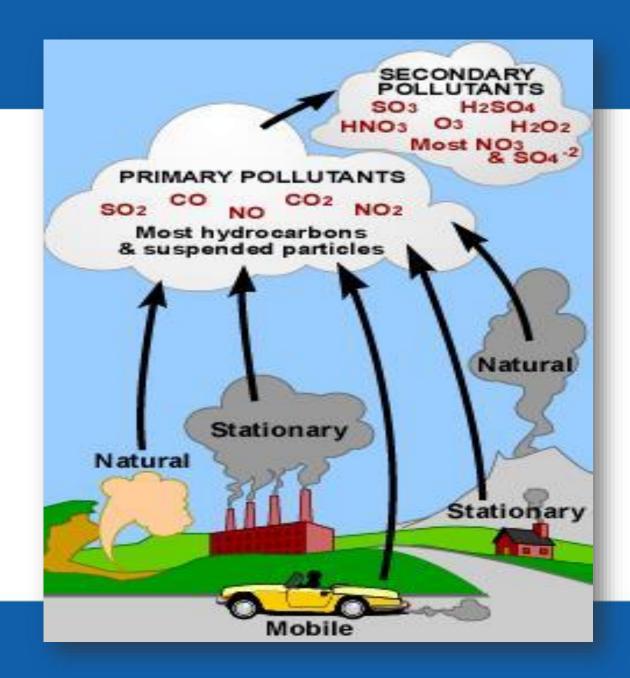


- Environmental health is part of public health
- Focuses on understanding the relationship between people and their environmental exposures
- > Environmental hazards
 - Can be chemical, physical, or biological factors
 - Found in air, water, communities, and surroundings

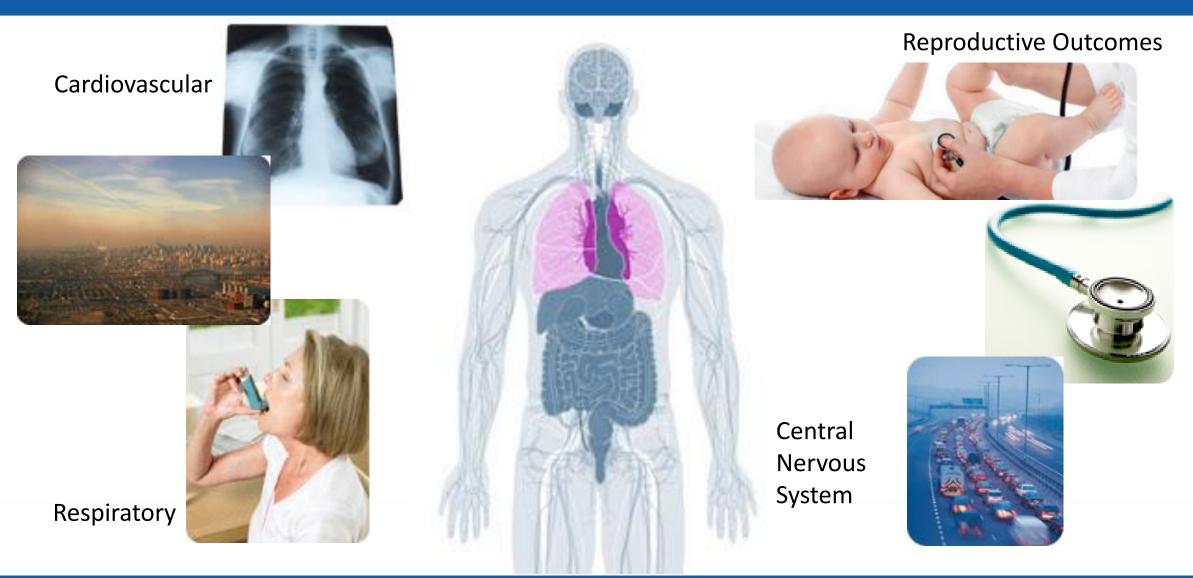
Outdoor Air Pollutants

> EPA Criteria Air Pollutants:

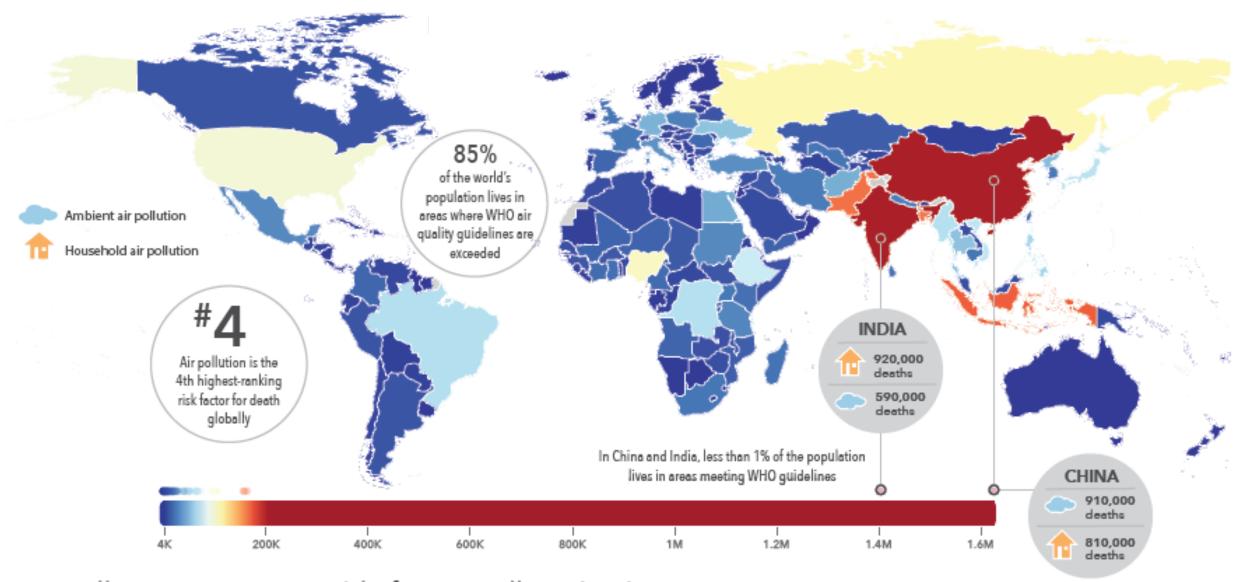
- Particulate matter (PM)
- Ozone (O3)
- Carbon monoxide (CO)
- Sulfur oxides (SOx)
- Nitrogen oxides (NOx)
- Lead
- Science-based guidelines used to develop national air quality standards



Air Pollution and Health



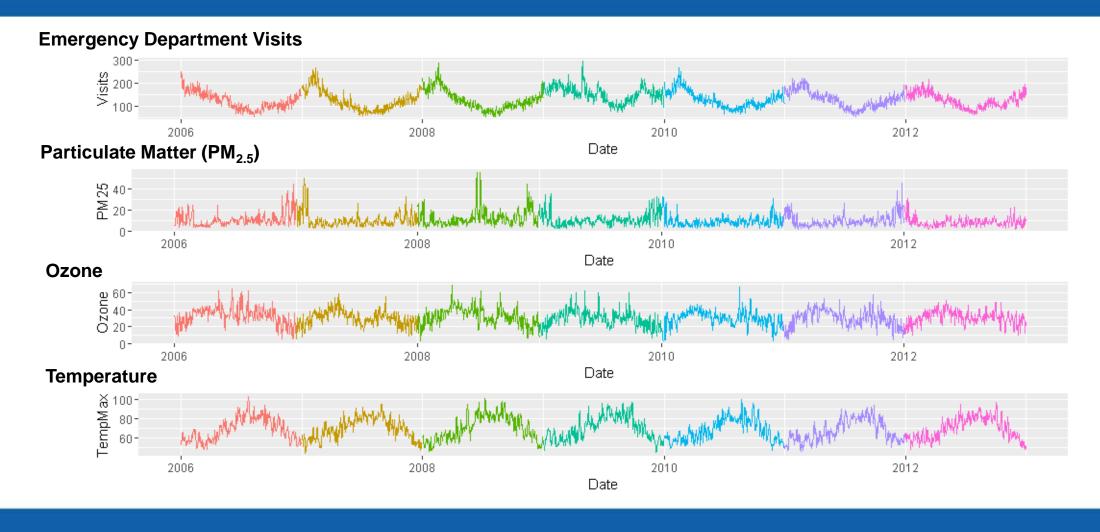
Deaths from Air Pollution in 2013



Air pollution was responsible for 5.5 million deaths in 2013

www.healthdata.org/sites/default/files/files/infographics/Infographic_AAAS_Air-pollution_2016.pdf

Studies Have Made An Association Between Air Pollution and Health Outcomes



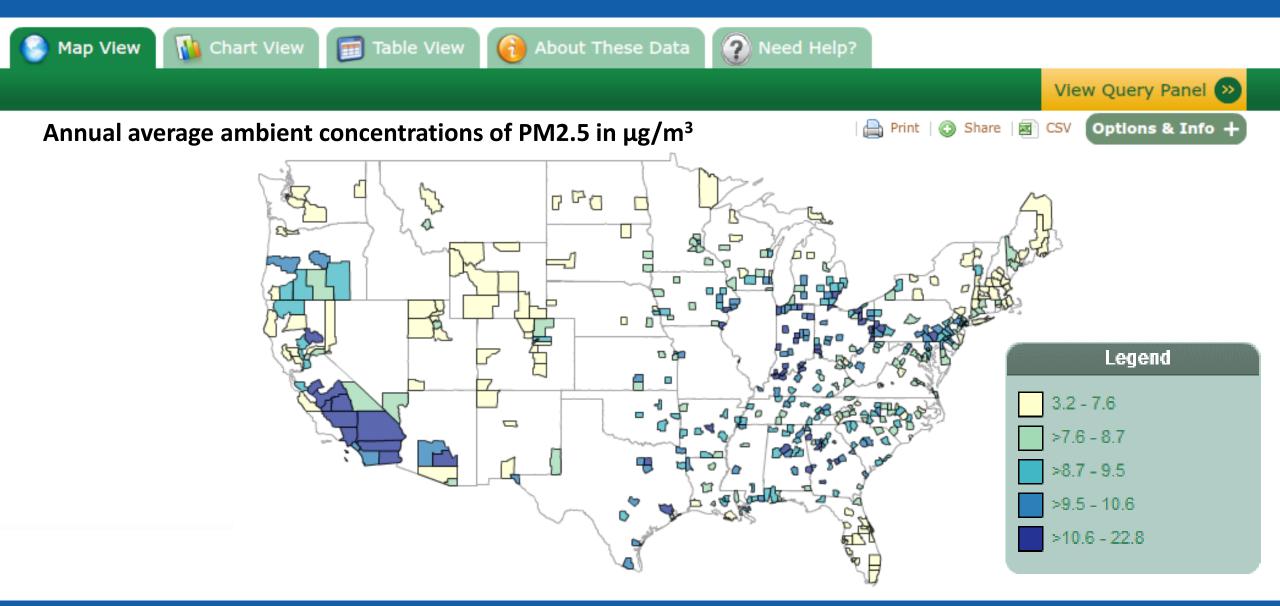
EPA Needs Better Study Results To Inform Standards

Currently standards rely on studies that are

- Multi-city with populations over 65
 - Medicare data
- Single city studies with all ages, or
- International
- Estimates could be more robust by including studies that have
 - Multiple U.S. cities and all ages
 - Sensitive populations



Gaps in Air Pollution Data

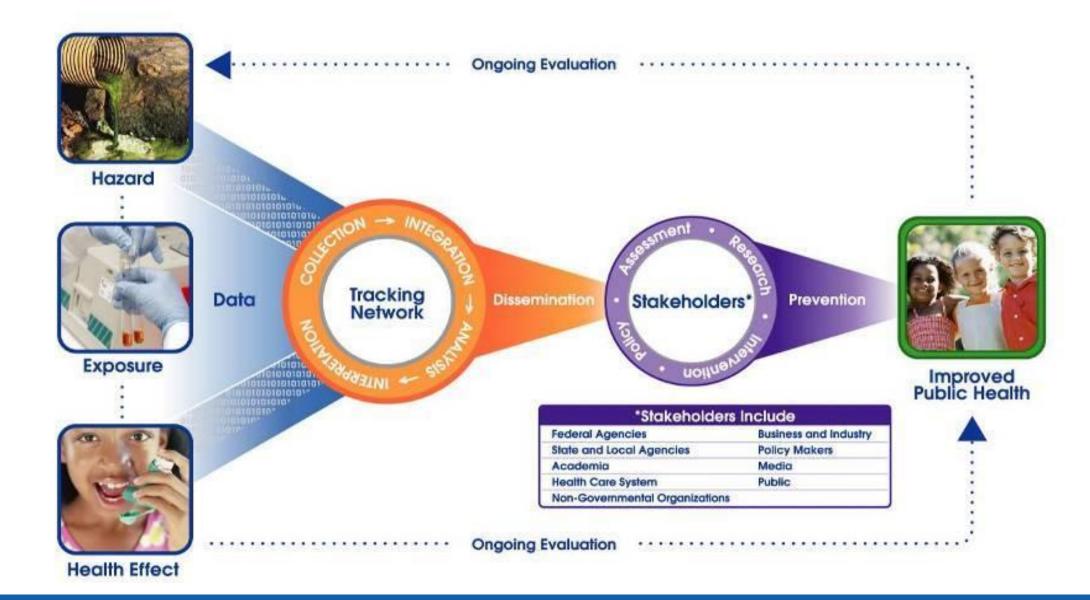


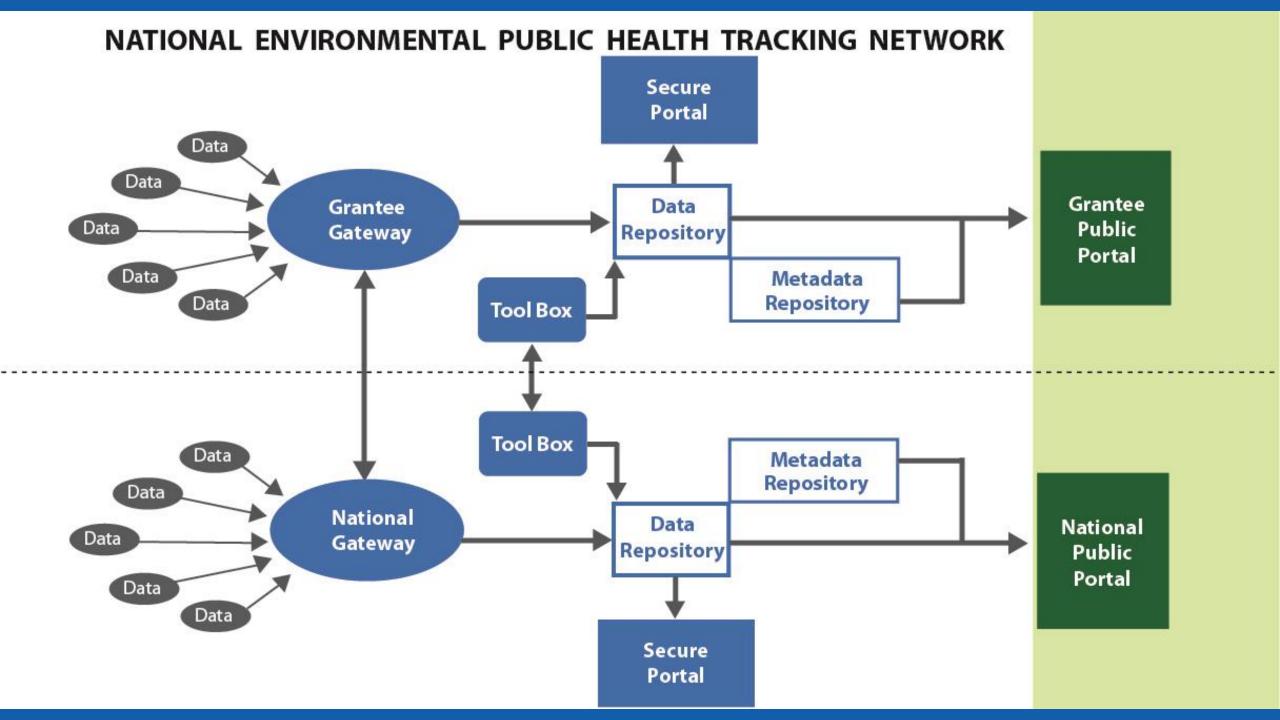
PEW Environmental Health Commission: America's Environmental Health Gap

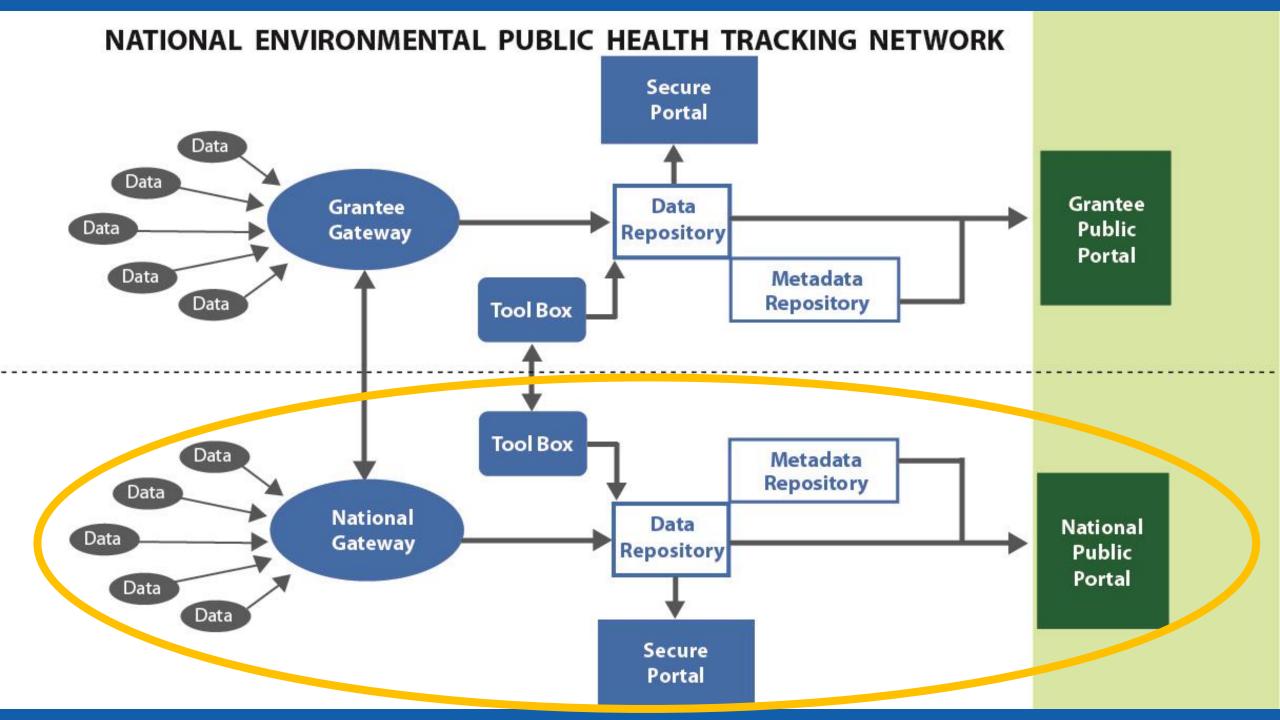
- ➤ Little information was routinely collected on non-infectious disease
- ➤ Environmental hazard data and monitoring conducted for regulatory purposes, not public health
- ➤ Little data on human exposure to environmental hazards
- ➤ Answers needed about the role of the environment on health outcomes

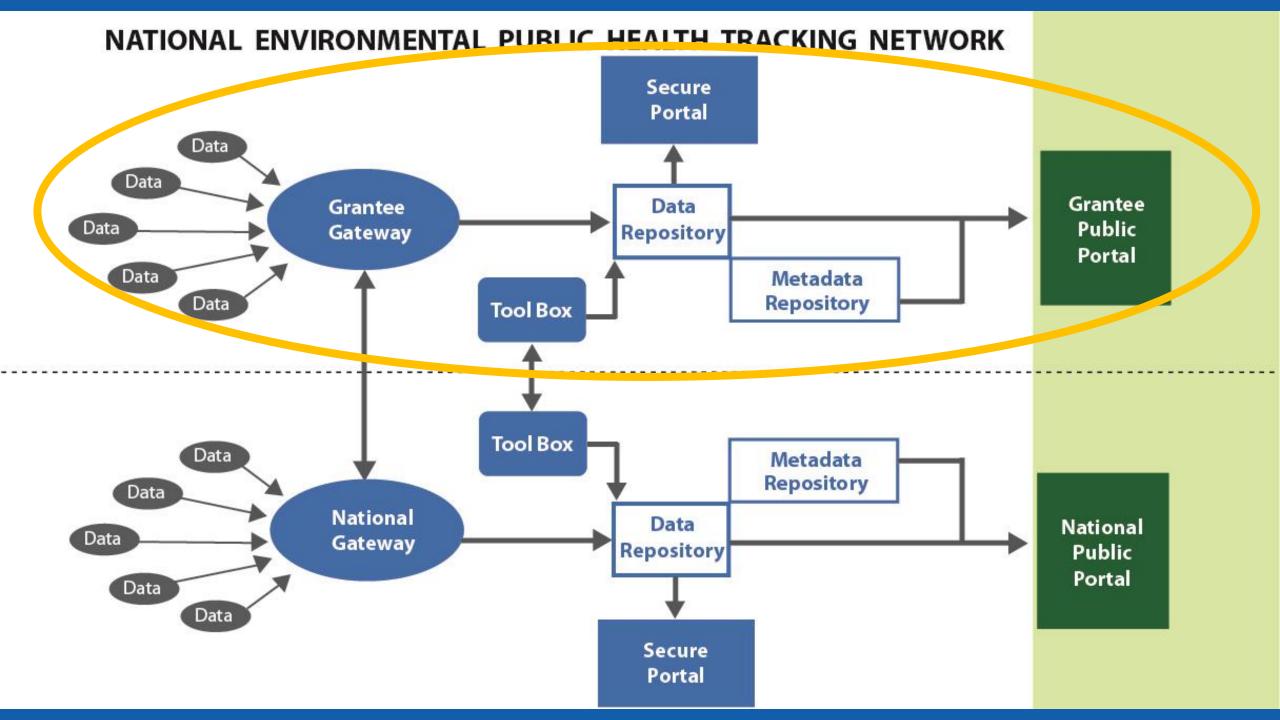


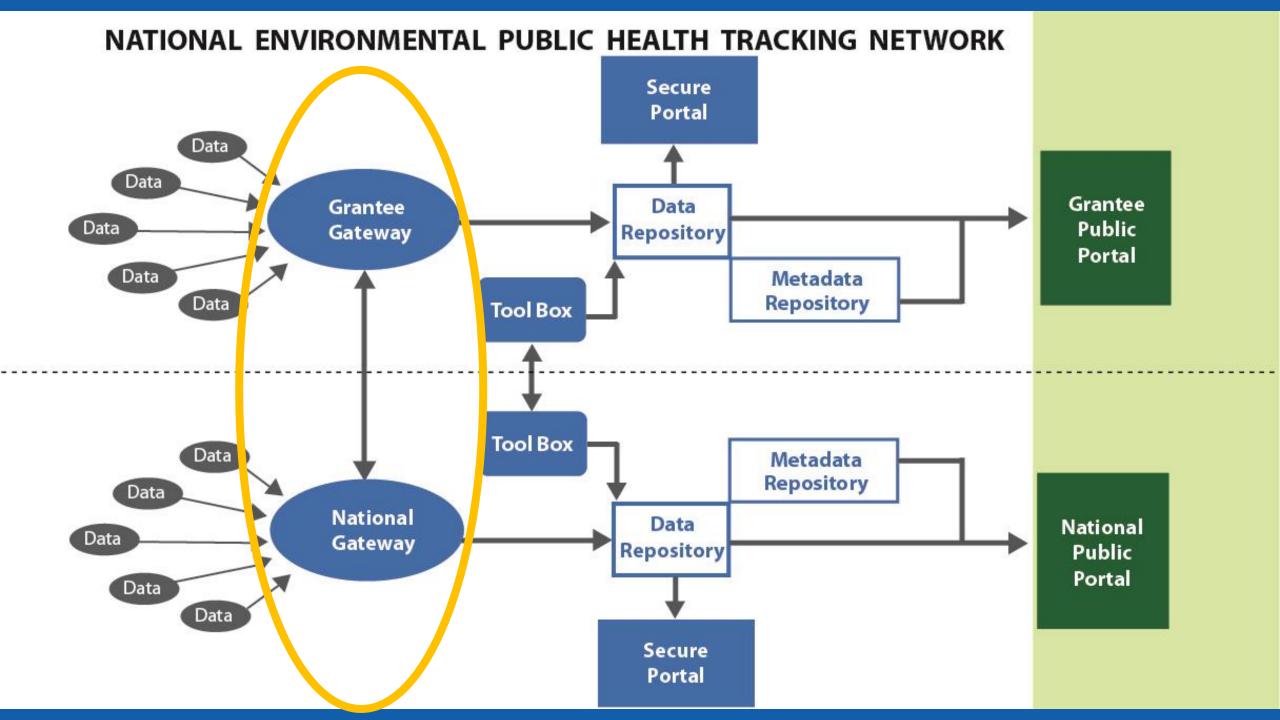
ENVIRONMENTAL PUBLIC HEALTH TRACKING

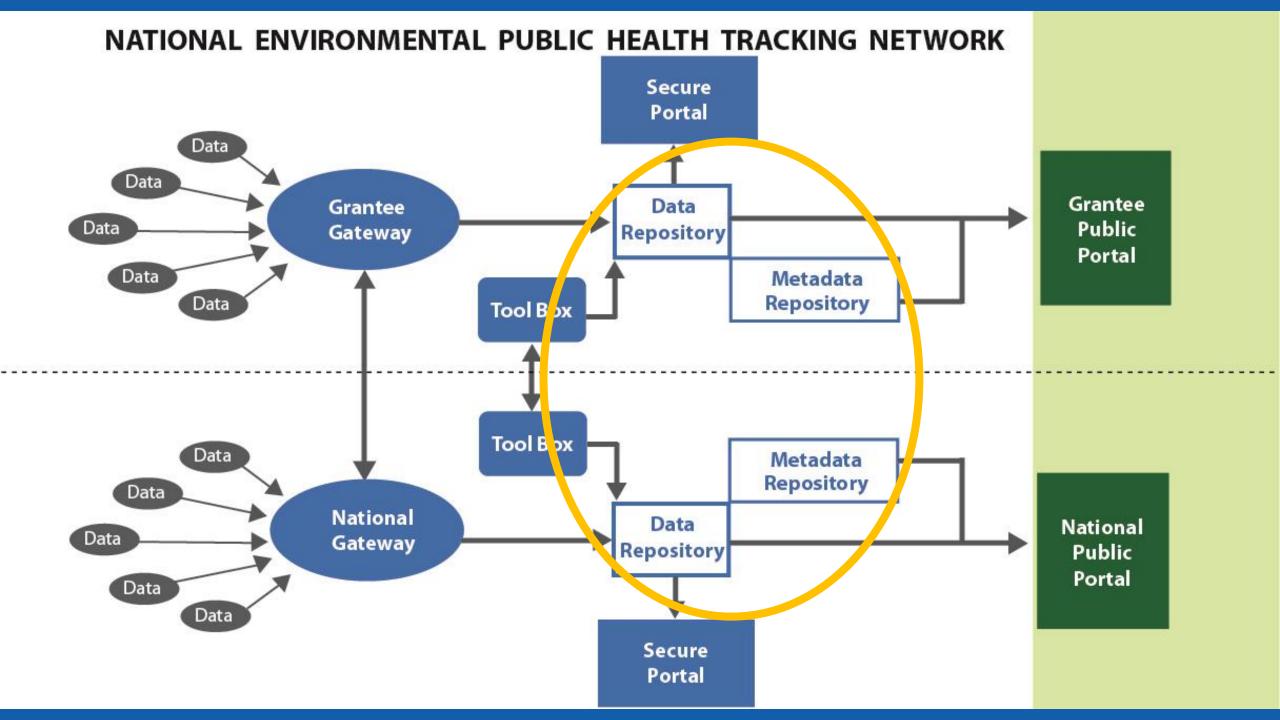


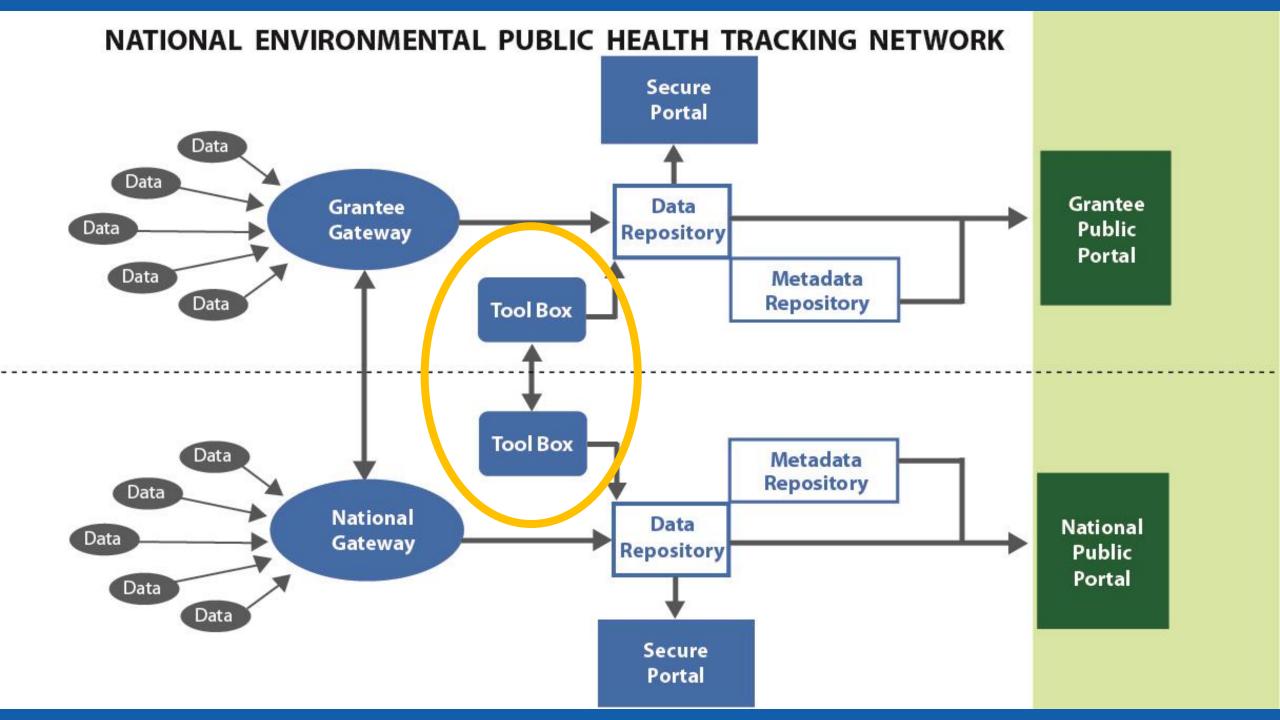


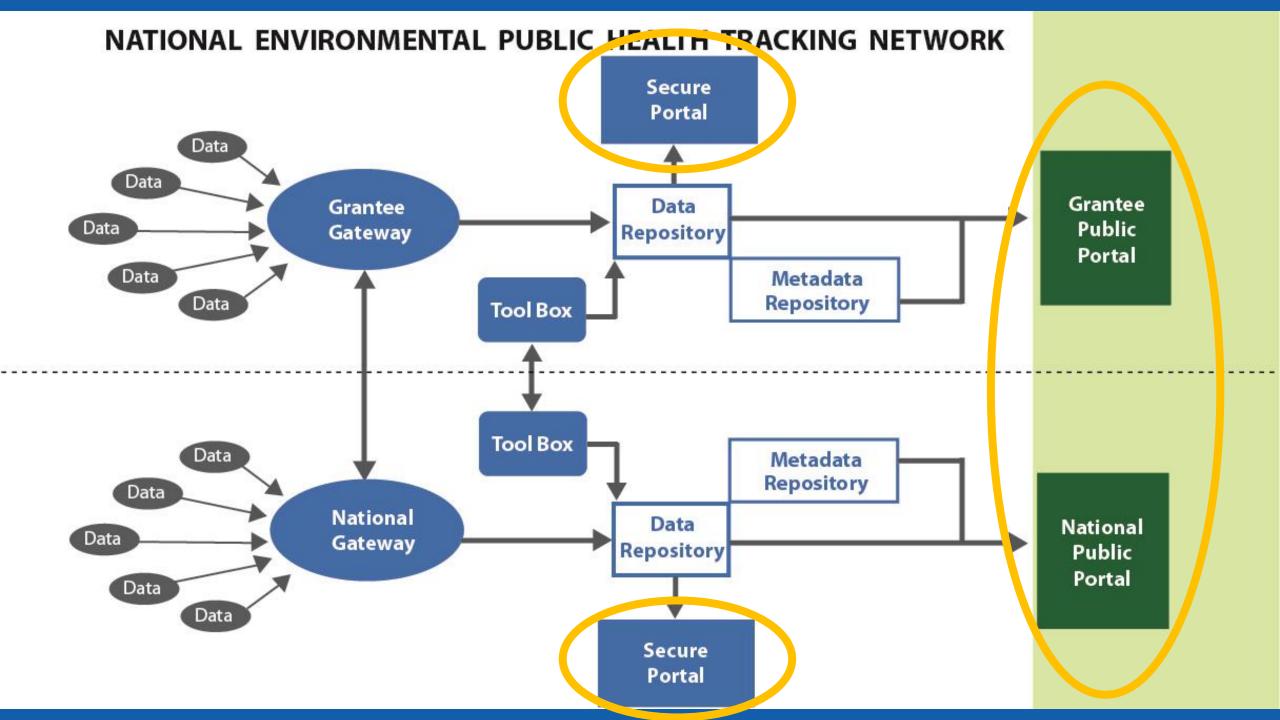


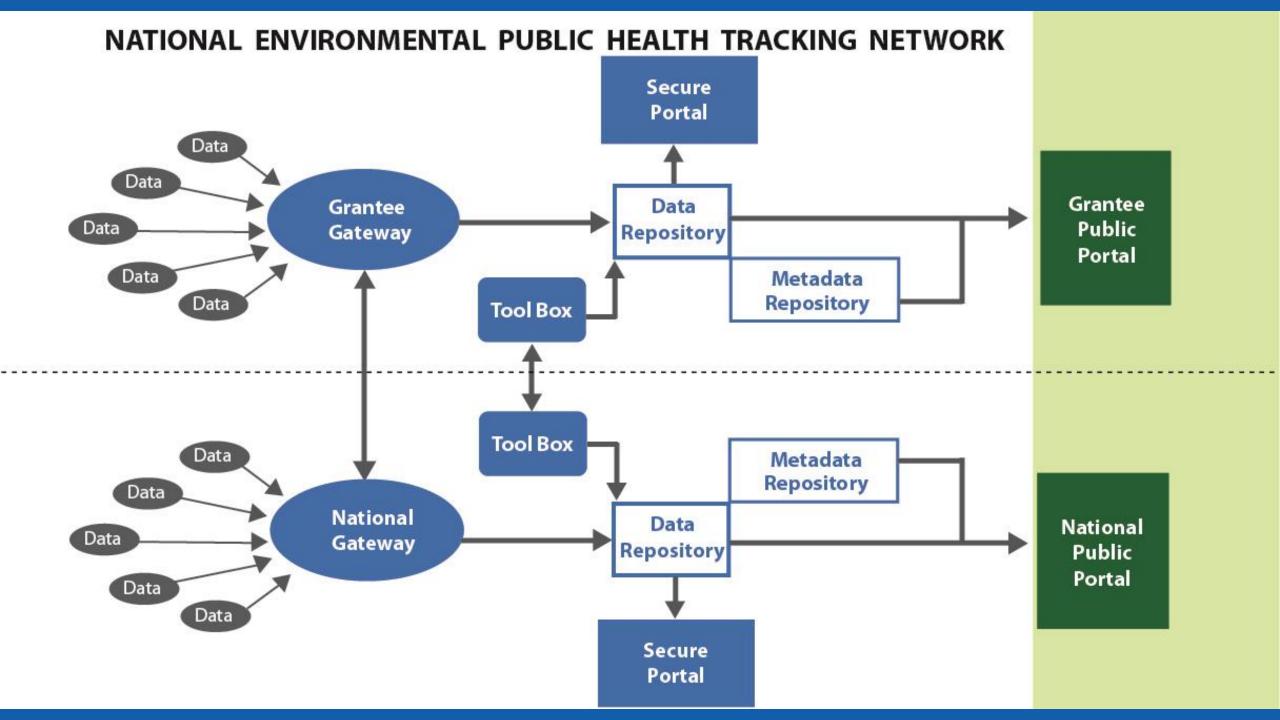


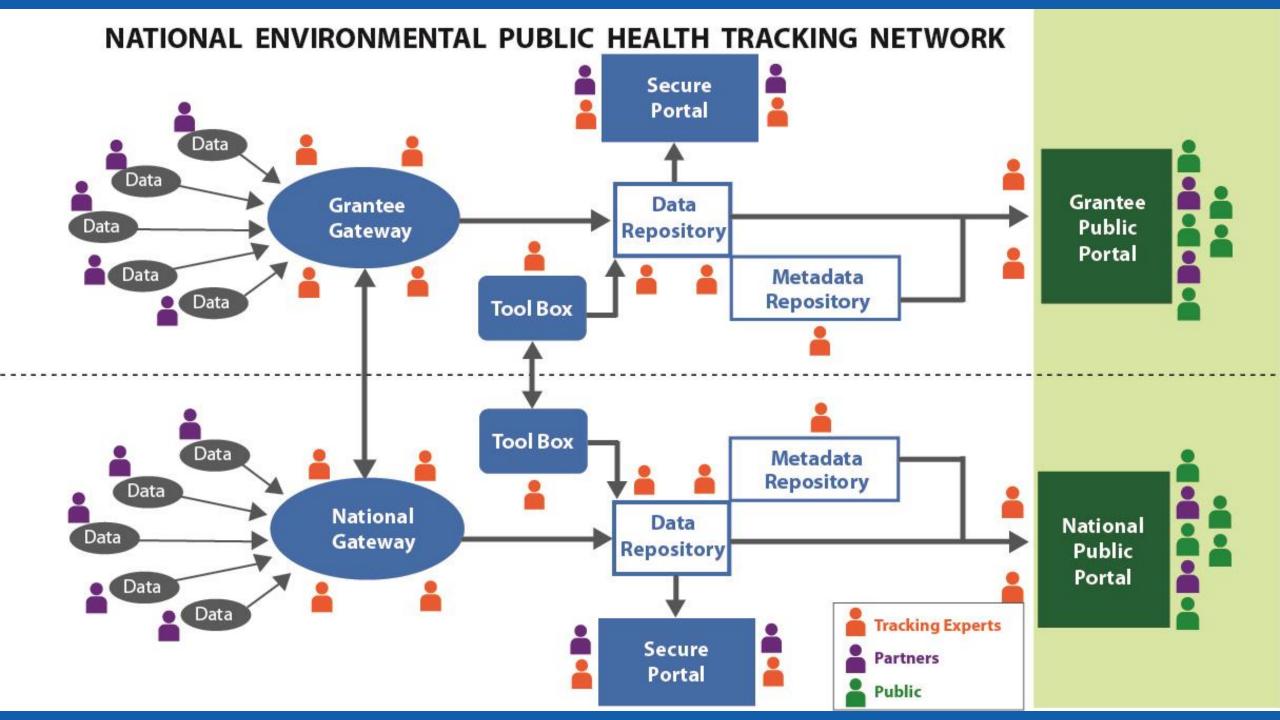




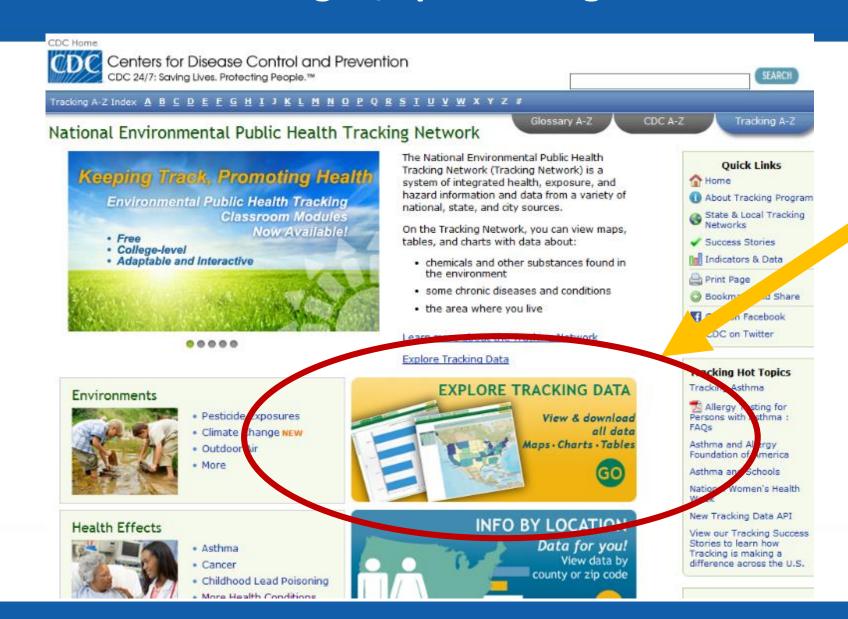






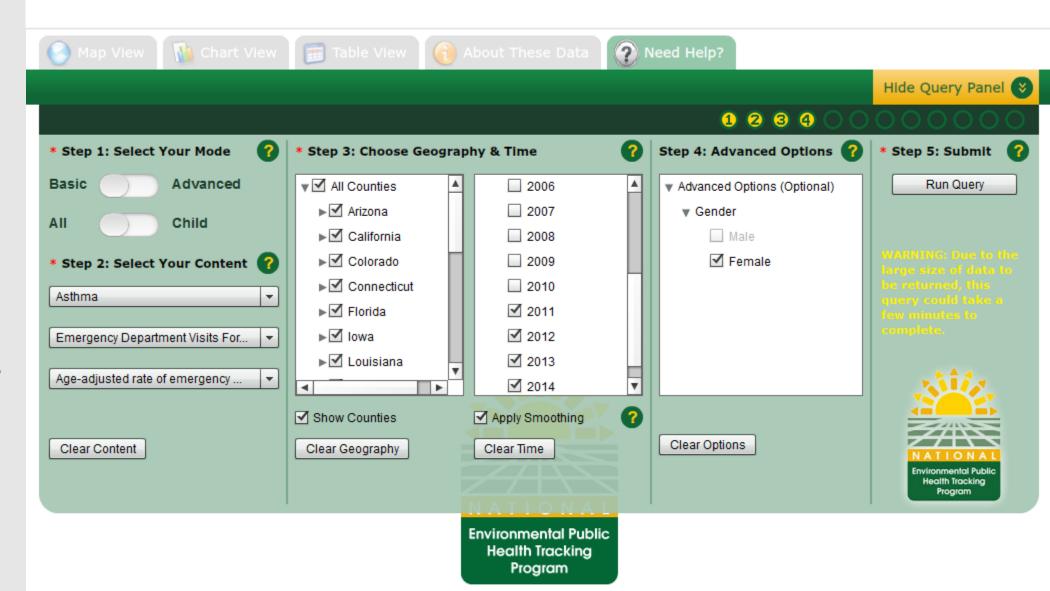


cdc.gov/ephtracking



Asthma Biomonitoring Birth Defects Cancer **CO** Poisoning Childhood Lead **Climate Change Community Design** Dev. Disabilities **Drinking Water Heart Disease** Homes **Lifestyle Risk Factors Outdoor Air Pesticide Exposures Population Characteristics** Reproductive & **Birth Outcomes Toxic Substance** Releases

Explore Tracking Data



SEARCH

Tracking A-Z Index A B C D E F G H I J K L M N O P Q R S I U V W X Y Z #

National Environmental Public Health Tracking Network

Glossary A-Z

CDC A-Z

Tracking A-Z



The National Environmental Public Health Tracking Network (Tracking Network) is a system of integrated health, exposure, and hazard information and data from a variety of national, state, and city sources.

On the Tracking Network, you can us tables, and charts wit

- · chemicals and other substances found in the environment
- some chronic diseases and conditions
- the area where you live

Learn more about the Tracking Network

Explore Tracking Data

Environments



- Pesticide Exposures
- Climate Change NEW
- Outdoor Air
- More

00000

EXPLORE TRACKING DATA View & download all data

Maps · Charts · Tables



Health Effects



- Asthma
- Cancer
- Childhood Lead Poisoning
- More Health Conditions

INFO BY LOCATION

Data for you! View data by county or zip code

Ouick Links



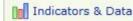
A Home



About Tracking Program



Success Stories





Bookmark and Share

f CDC on Facebook

CDC on Twitter

Tracking Hot Topics

Tracking Asthma

Allergy Testing for Persons with Asthma: FAQs

Asthma and Allergy Foundation of America

Asthma and Schools

National Women's Health Week

New Tracking Data API

View our Tracking Success Stories to learn how Tracking is making a difference across the U.S.

State & Local Grantees

25/1

State & Local Practitioners

200+

Tracking Fellowships

34

Partnerships

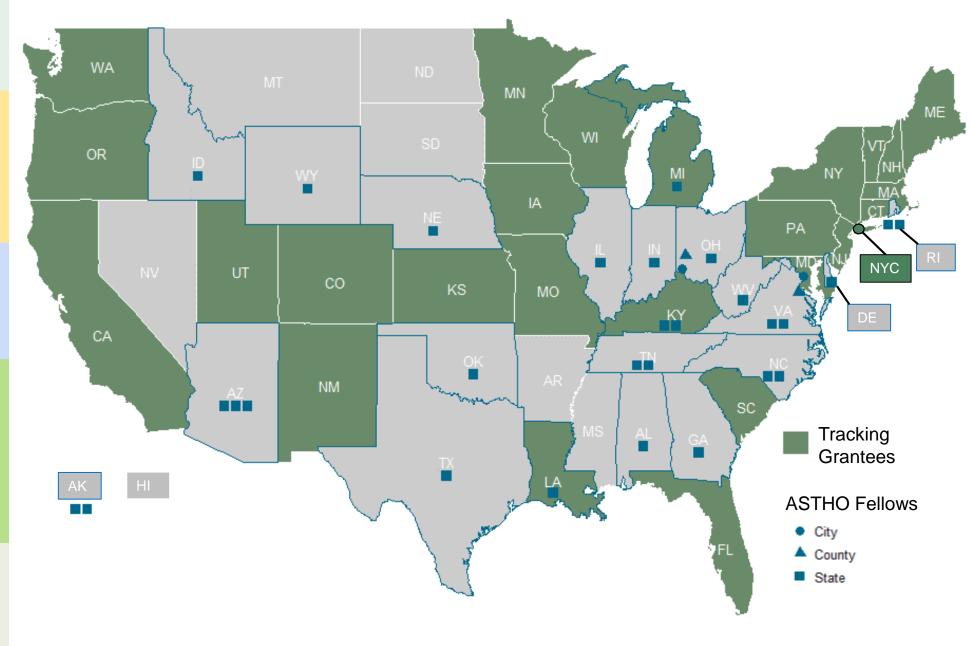


CDC, federal agencies, national organizations

Public Health Actions

341

National Environmental Public Health Tracking Program



Driving Public Health Actions

- > Detect and monitor trends
- **►** Identify populations at risk
- **►** Identify exposure to hazards
- ➤ Examine the relationship between hazards and disease
- Assess potential disease clusters or exposures
- > Track progress
- Enhance surveillance
- > Improve access to quality data

Driving Public Health Actions

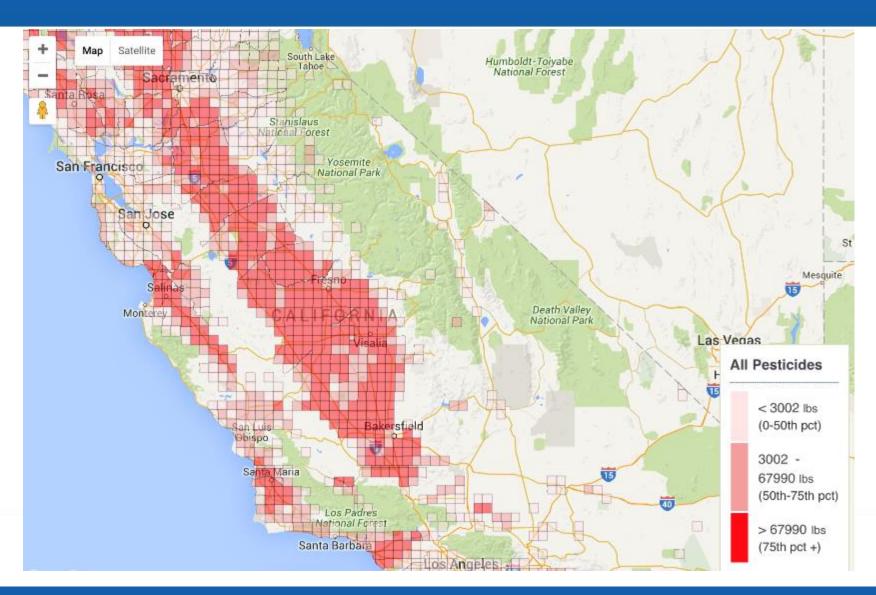
- Detect and monitor trends
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- **►** Identify exposure to hazards
- ➤ Examine the relationship between hazards and disease
- Assess potential disease clusters or exposures
- > Track progress
- Enhance surveillance
- > Improve access to quality data

Inform, improve, evaluate...

programs, interventions, policies...

to address environmental health issues

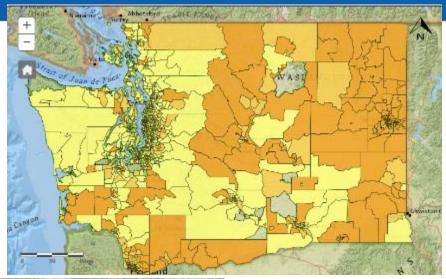
Reducing Pesticides Near Schools in California

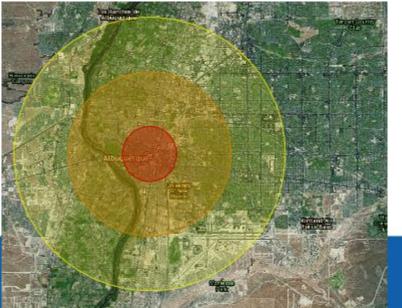


Examples of Programs Using the Tracking Network for Action

- ➤ Inform blood-lead testing
- > Target radon testing outreach
- Warn public of wildfire smoke danger
- Identify local sources of air pollution
- > Evaluate transportation plans

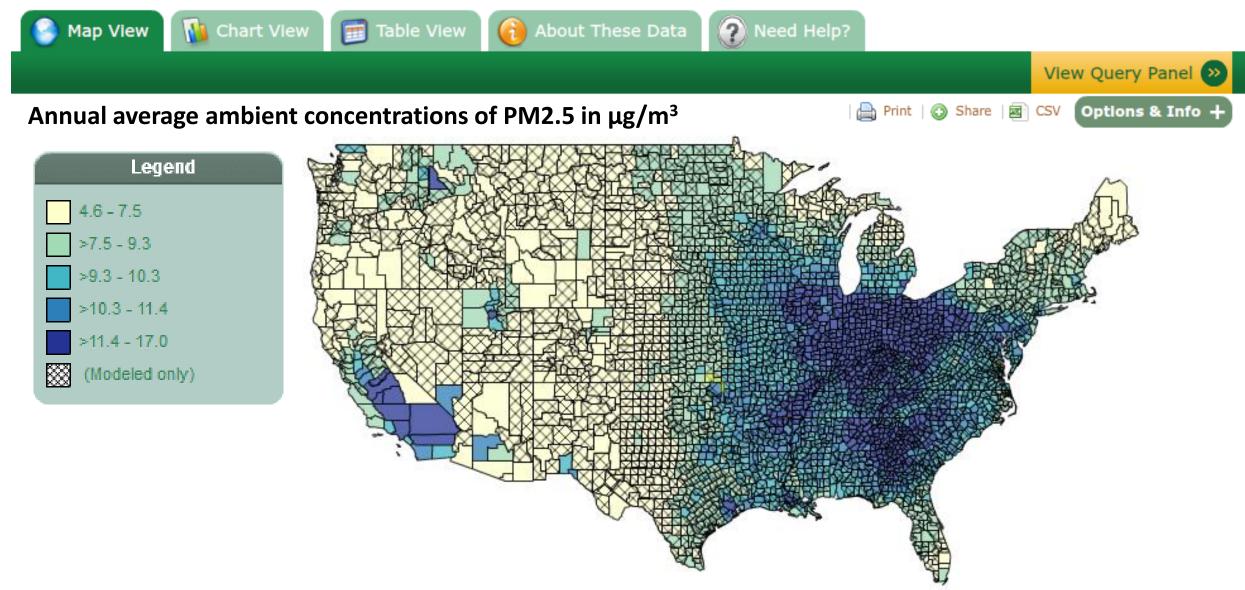
Radon Testing Outreach, Washington





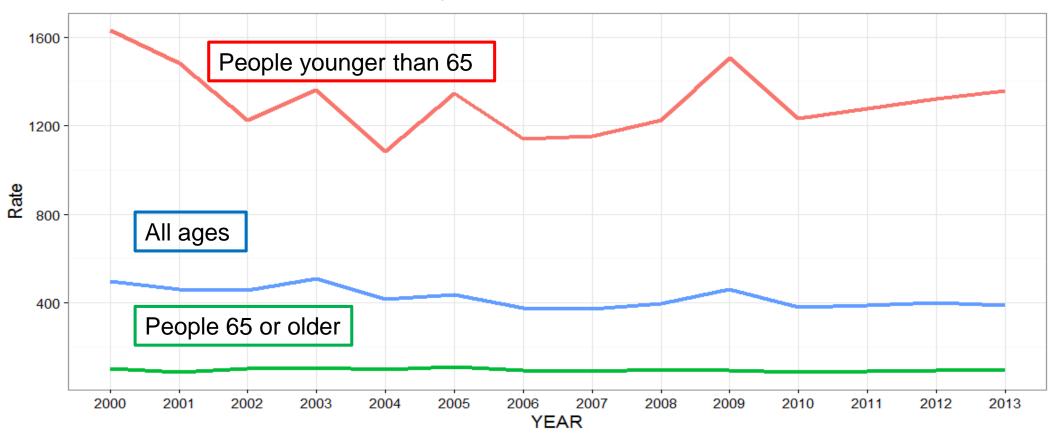
Wildfire Smoke Danger, New Mexico

Using Tracking Data and Modeling Tools To Fill the Gaps in Air Pollution Data

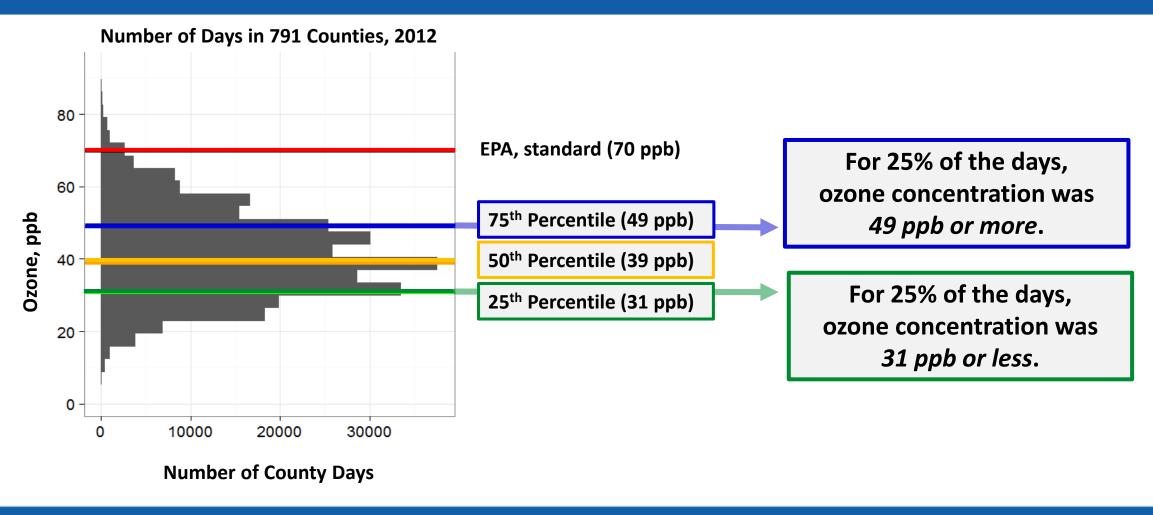


Using Tracking Data To Fill the Gap: Understanding Ozone's Impact on Younger Population

Rate of Respiratory ED Visits per 10,000 Population, 2000–2013

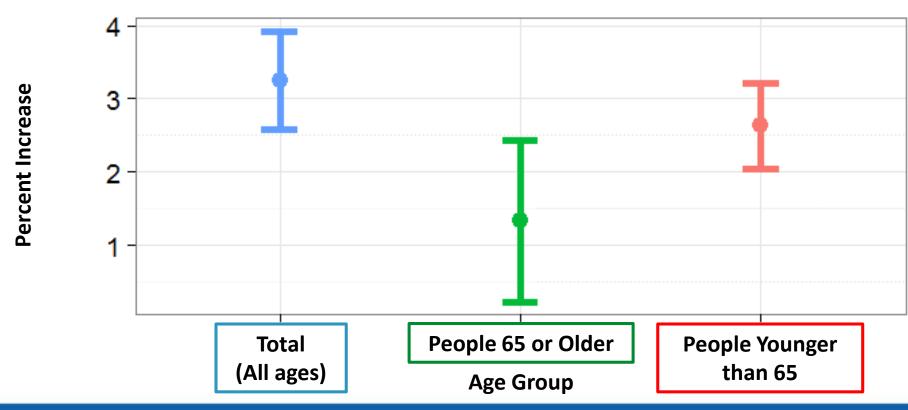


Filling Gaps in Air Pollution and Health Information Tracking ED Visits When Ozone Levels Increased



Increased Respiratory ED Visits for 7 Days After Higher Ozone Levels

Percent Increase in Respiratory ED Visits Over 7-days, After Ozone at 49 ppb Compared to 31 ppb



Almost 80% of the increase in visits were from people younger than 65.

www.cdc.gov/ephtracking



Using Data to Drive Public Health Action in New York City: A Local Health Department Perspective



Wendy McKelvey, PhD, MS

Director, Environmental Health Surveillance and PI, NYC Tracking Program

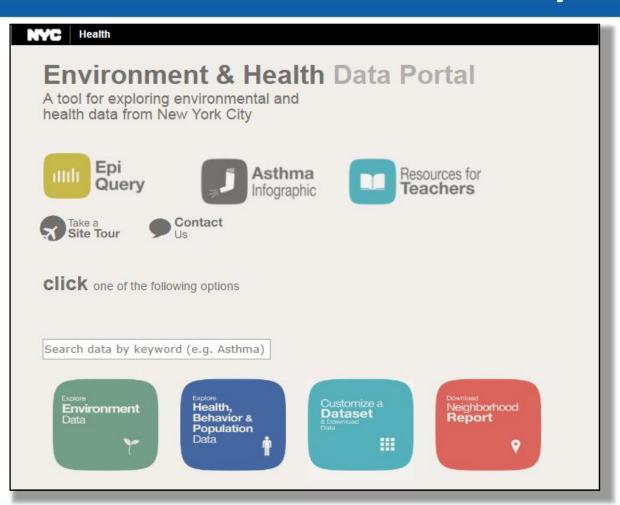
Bureau of Environmental Surveillance and Policy
Division of Environmental Health
New York City Department of Health and Mental Hygiene





U.S. Department of Health and Human Services Centers for Disease Control and Prevention

- Build infrastructure (people, data, systems)
- Provide information that can inform policy, programs, and initiatives
- **≻** Educate the public



NYC Tracking Strategies

Identify and augment sources of environmental health data

Improve access to data via automated reporting, portals, and dashboards

Ongoing data exploration, monitoring, and research

Collaborate and communicate with internal and external stakeholders to improve public health

NYC Tracking Instrumental in Strengthening Existing Environmental Health Programs

- Building electronic data capture systems
 - Rat inspections
 - Food safety inspections
 - Child care center inspections

- > Automated, web-based reporting
 - To guide program operations
 - To track success
 - To target resources where most needed

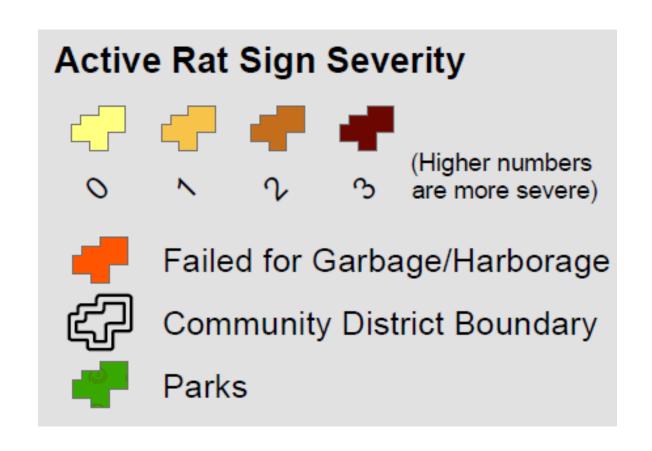
Analysis Of Programmatic Data Has Informed Public Health Initiatives Restaurant Inspections

- Restaurant letter grading program
- Publicly posted grades to communicate inspection findings
- ➤ Targets more frequent inspections to the poorest performers



Analysis Of Programmatic Data Has Informed Rat Control

- Rat Indexing
- Canvases the city for rats systematically
 - Block by block
- ➤ Uses signs of rats to direct placement of bait, instead of only where complaints come from



Analysis Of Programmatic Data Has Informed UPK Initiative

- Universal Pre-Kindergarten (UPK)
- > Informing child care center placement and capacity as services expand



Analysis Of Programmatic Data Has Informed Use of Poison Control Center

- Poison Control Center (PCC)
- Daily monitoring of location of the calls
- PCC staff reach out to areas least likely to call—to reduce inequity of use



Tracking Infrastructure Has Also Strengthened Emergency Response

Assessing residential building needs in the event of a coastal storm



Surveillance of evacuation shelters

NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE										
	BUREAU OF FOOD SAFETY AND COMMUNITY SANITATION									
ΕN	VIRONMENTAL HEALT	TH ASSES	SMENT FOR	M FOR SHELTE	RS					
ı.	I. PHS INFORMATION:									
PH	S Name:		Date:			Т	ime:			
Mo	bile No.:		E-mai	•						
11.	Facility information		***************************************							
Loc	cation Name:					~~~~	***************************************			
Loc	cation Address:					E	Borough:			
Fac	cility Contact:					F	hone No.	•		10.00
Fac	cility Capacity:		Censu	s:		Т	ype of Fa	cility:		
Ш.	FACILITY CONDITION	S Yes	No	Unk/NA				Yes	No	Unk/NA
1.	Hot Water:				2.	Heat:				
3.	Adequate Space:				4.	Tripping Haza	rd:			
5.	Rodents:				6.	Roaches:				
7.	Flies:				8.	Clean:				
9. Solid Waste Adequately Contained in Receptacles or Garbage Bags:										
10. Solid Waste Picked Up Regularly by Carter or DSNY:										
						,,				
IV	FOOD	Ves	No	Unk/NA			and the later of the later	Vac	No	Hok/NA

Information Technology Helps Us Inform The Public About Environmental Efforts To Control Zika And West Nile Virus

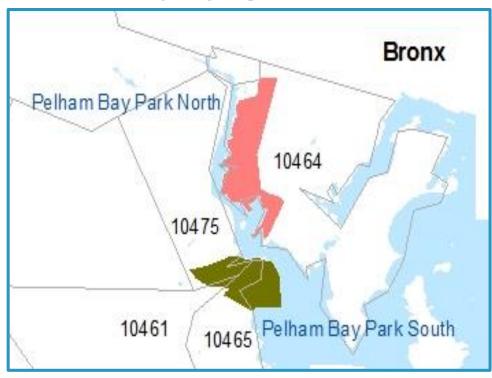
Mosquito Spraying Events

The Health Department monitors mosquito populations and applies pesticides when appropriate throughout the summer to reduce the number of **mosquitoes** and to minimize the risk of mosquitoborne diseases such as the **West Nile Virus** and the **Zika Virus**.

2016 Mosquito Spraying/Adulticiding* & Aerial Larviciding** Schedule

Date(s) ***	Borough, Neighborhood(s), Zip Code(s)	Status
May 14 between 6AM & 7PM	 Iarvicide in <u>Bronx</u> Neighborhoods: Pelham Bay Park North, Pelham Bay Park South Zip codes: 10464, 10465, and 10475 Additional information: Mosquito Control Notice (PDF) Location 	Completed

Mapping of Mosquito Spraying Events



NYC Tracking Supported New Initiatives – Four Examples

1. Improving Air Quality

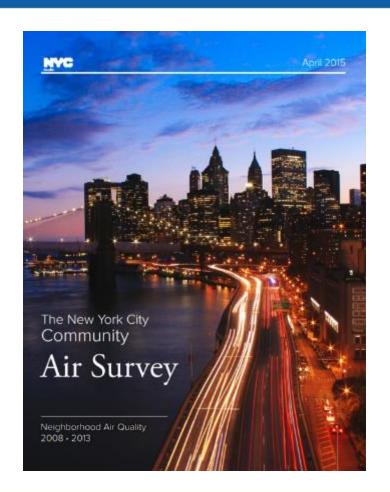
3. Improving Resilience to Climate Effects

2. Reducing Exposure to Pesticides

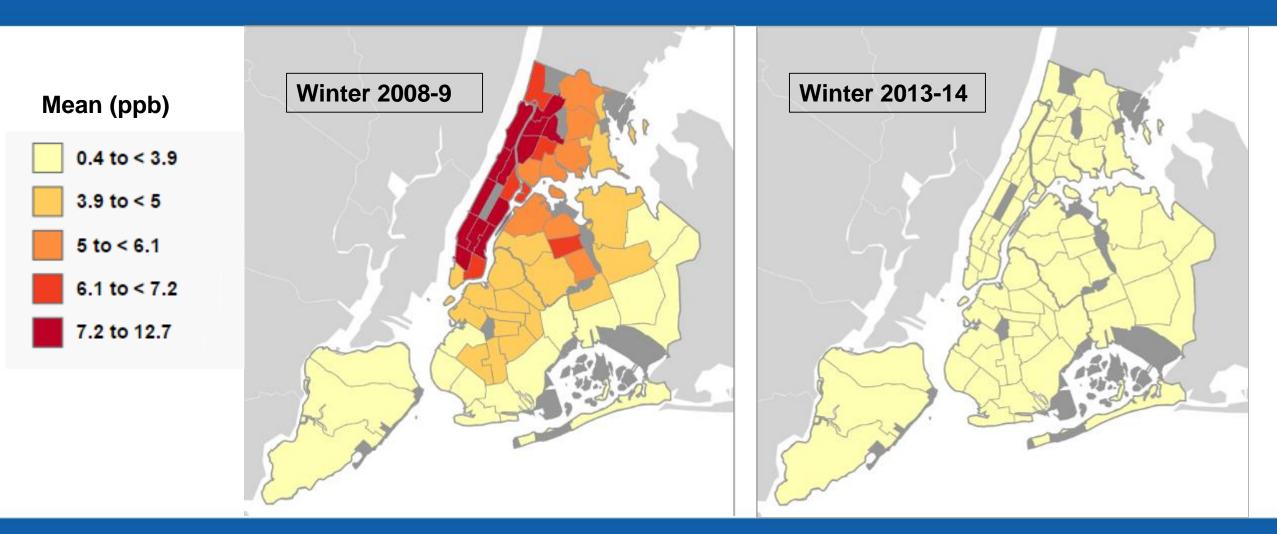
4. Reducing Exposure to Mercury

1. Improving Air Quality — Using Local Air Monitoring

- ➤ Informed phase-out of residual heating oil use in buildings
- Estimated health benefits of air pollution controls
- ➤ Identified high-risk neighborhoods for boiler switching and energy efficiency upgrades

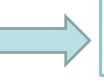


Air Concentrations of SO2 Declined 70% Since Clean Heat Measures In Effect



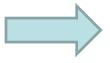
2. Reducing Use of Harmful Pesticides

Analysis of NYS Pesticide Sales and Use Registry data



Pesticide use in NYC rivaled use in agricultural areas

IPM in public housing study



Integrated pest management (IPM) is a safer alternative

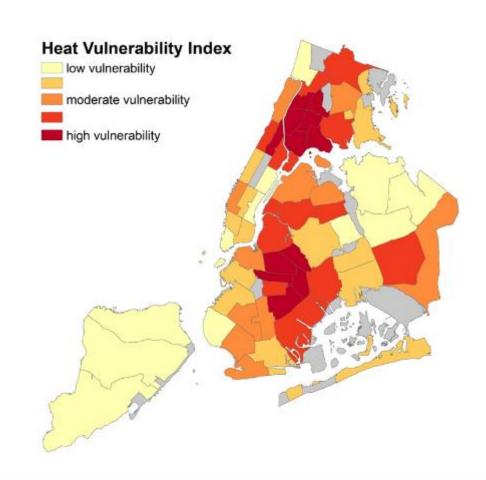
Local Law 37



Requires all city agencies to use IPM wherever possible and to report pesticide use to the health department

3. Improving Resilience to Climate Effects

- ➤ Identify more appropriate threshold for heat warnings, based on observed heat-related effects
- Quantify risks and reach out to vulnerable groups
- Advocate for increased access to air conditioning
- Support studies to assess health impacts of power outages



3. Using Data to Inform Climate and Health Priorities by Neighborhood



Climate and Health in Rockaways

Extreme heat, coastal storms, flooding and episodes of elevated ozone are climate-related hazards that may increase with climate change and have important public health impacts in New York City. Extreme weather can cause power outages, which also threaten public health. This report provides neighborhood indicators of climate-related hazards, vulnerability and health impacts.

Zip Codes: 11694,11692,11691,11697

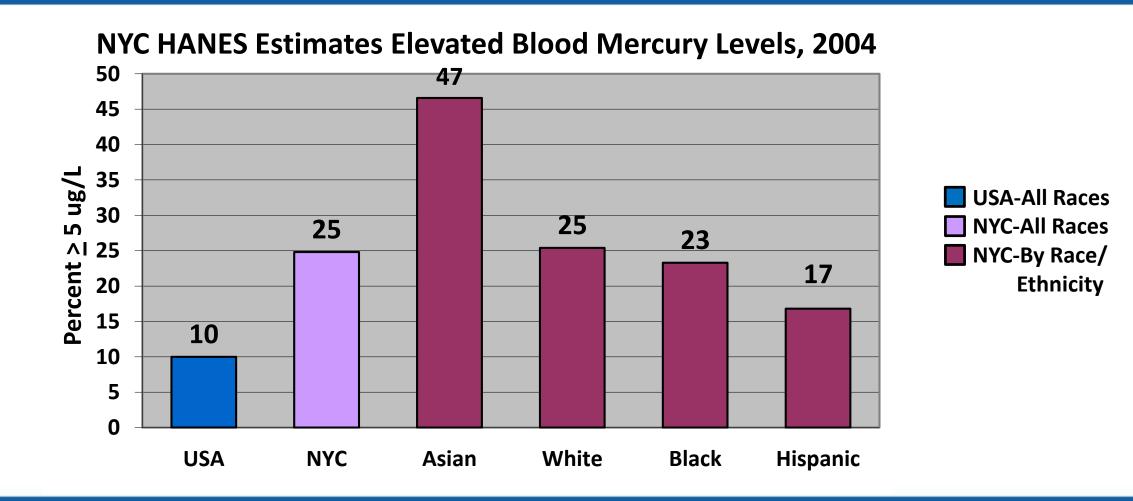
				Rock	aways
Climate Hazards	Rockaways	Queens	NYC	Compared with other NYC neighborhoods*	Trend over time
Area located within hurricane evacuation zones 1-6 (percent), 2013	95.1	43.2	46.9	Worse	Not Available
Ozone (O3)(Mean ppb) Summer 2014	36.3	32.4	31.4	Worse	Not Available
Spatial average of surface temperature (Degrees Fahrenheit), 11:22 AM, August 18, 2009	92.1	94.5	93.5	Better	Not Available

Vulnorability Built				Rockaways		
Vulnerability - Built Environment	Rockaways	Queens	NYC	Compared with other NYC neighborhoods*	Trend over time	
Adults reporting air conditioning in the home (percent), 2007	78.1	88.0	87.5	Worse	Not Available	
Area with vegetative cover including trees and grass (percent), 2010	35.8	34.2	35.7	Better	Not Available	
Homes near structures rated good or excellent (percent), 2011	64.6	83.7	76.7	Worse	2002-2011	

Vulnerability - Population Characteristics

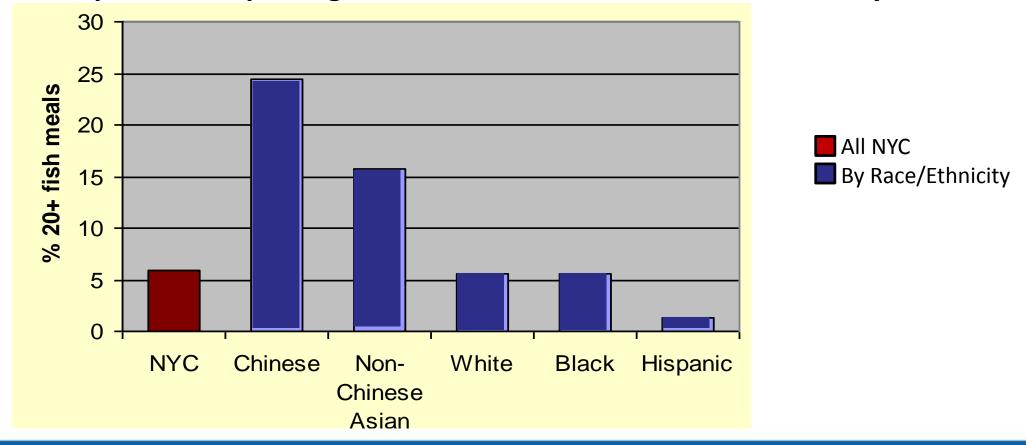
Rockaways Compared with other NYC

4. Reducing Exposure to Mercury

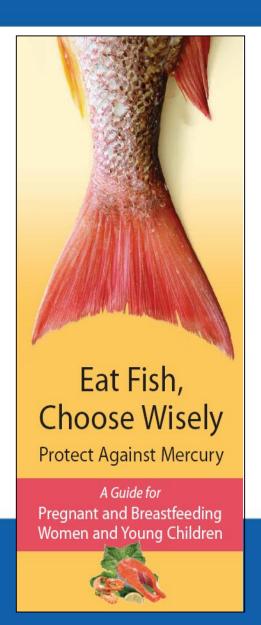


Elevated Blood Mercury Is Typically Due to Frequent Fish Consumption

Percent of Adult Population Reporting 20 or More Fish Meals in the Last 30 Days, 2004



We Encouraged High-risk Groups To Choose Lower Mercury Fish



Highest risk from exposure is to the developing nervous system

- Press Release (with extensive media follow-up)
- Health care provider advisory letter on mercury in fish (electronic)
- > Brochure in
 - English, Chinese, Japanese, Korean, Spanish

Lots of Press Followed Publication of Our Findings

High Mercury Levels Are Found in Tuna Sushi

By MARIAN BURROS JAN. 23, 2008

Correction A



Tuna sushi is a popular item

Recent labor Manhattan s

Environmental Protection Agency.

pieces a week

FOOD

More Testing of Seafood to Address Mercury Concerns

By MARIAN BURROS JAN. 30, 2008

A NUMBER of restaurants and re have started testing the fish they s amount of mercury in seafood, an beginning to examine the mercury region.

The regional office of the federal a city found high levels of mercury i will examine the 20 most common tuna. THEATER

Piven Leaves Show Amid Concerns for His Health

By DAVE ITZKOFF DEC. 18, 2008

A real-life fish story has resulted in <u>Jeremy Piven</u>'s withdrawal from the current Broadway revival of the <u>David Mamet</u> comedy "Speed-the-Plow."

Mr. Piven, the actor and "Entourage" star, left the production this week after having previously sought an early release from the play. Mr. Piven's doctor said he should not continue to perform because he was suffering from elevated levels of mercury, which may have been the result of large amounts of fish in his diet.

In 2004, We Also Identified Very Elevated Urine Mercury Levels

Urine Hg Level	Number	Likely Source	Participant Ethnicity	
20–50 mcg/L	9	5 cream / 4 Don't know	6 Dominicans 1 Jamaican 1 Salvadoran 1 African- American	
> 50 mcg/L	4	4 cream	4 Dominicans	

All women,
mostly Dominican,
using mercurycontaining skinlightening creams



This Led to Embargo of Hundreds of Products Found in Stores



Press Release

New York City Department of Health and Mental Hygiene Office of Communications

FOR IMMEDIATE RELEASE CONTACT: Sandra Mullin/Sid Dinsay

Business Hours (212) 788-5290 After Business Hours (212) 764-7667 Thursday, January 27, 2005

NYC HEALTH DEPT. WARNS AGAINST USE OF "SKIN-LIGHTENING" CREAMS CONTAINING MERCURY OR SIMILAR PRODUCTS WHICH DO NOT LIST INGREDIENTS

Almost a Dozen Products Made in the Dominican Republic, Hong Kong and China Do Not Conform to FDA Regulations; Sale of These Products Illegal Under City Law

NEW YORK CITY - **January 27**, **2005** - Following a confirmed case of mercury poisoning in a New York City resident who had been using an imported "skin-lightening" cream, the New York City Department of Health and Mental Hygiene (DOHMH) and the Mayor's Office of Immigrant Affairs

Skin-Lightening Creams — Warning —

Cremas Blanqueadoras
— *Alerta* —

Skin-lightening creams that contain mercury are dangerous — mercury is a poison.

Read the labels of all skin products.

Do not use if:

- mercury is listed as an ingredient, or if
- ingredients are not listed

See your doctor if you use mercury-containing products.

Call 311 or 212-POISONS (212-764-7667) for more information.



Do Not Use These Products/ No Use Estos Productos

- Recetas de la Farmacia Normal
 Crema Blanqueadora
- Miss Key Crema Blanqueadora
- Santa Crema
- Dermaline Skin Cream
- Dr. Collado Jabón Germicida

Las cremas blanqueadoras que contienen mercurio son peligrosas el mercurio es un veneno.

Lea la etiqueta de todo producto para la piel.

No use un producto si:

- la etiqueta indica que mercurio es un ingrediente, o si
- los ingredientes no están listados

Vea a su médico si usted usa productos que contienen mercurio.

Llame al 311 o 212-VENENOS (212-836-3667) para más información.



The New York City Health Code Section 71.05 prohibits sale of mercury-containing skin products. La sección 71.05 del Código de Salud de la Ciudad de Nueva York prohíbe la venta de productos de la piel que contienen mercurio.

Second NYC HANES Conducted in 2013–14

- Biomonitoring for mercury was included again
- Preliminary analyses suggest declines in blood mercury are greater than declines observed nationally
- >A manuscript is in preparation

Where Is New York City Tracking Program Heading?

- Using new technologies to support operational programs by pulling data from a variety of sources
 - Improving food safety
 - Expanding access to child care
 - Safer, more effective pest control
 - Responding to complaints, emergencies, and emerging or continuing threats

Where Else Is New York City Tracking Program Heading?

> Expanding collaborations to develop new policies and initiatives

- Improving air quality
- Increasing resilience to extreme weather
- Reducing pesticide use
- Supporting "Vision Zero" to reduce traffic deaths and injuries



➤ Coming soon!

- Reduce ambient noise
- Promote active design of the built environment
- Use health impact assessment to inform environmental sustainability goals

Environmental Public Health Tracking: A Tool for Public Health Decision-making in Massachusetts



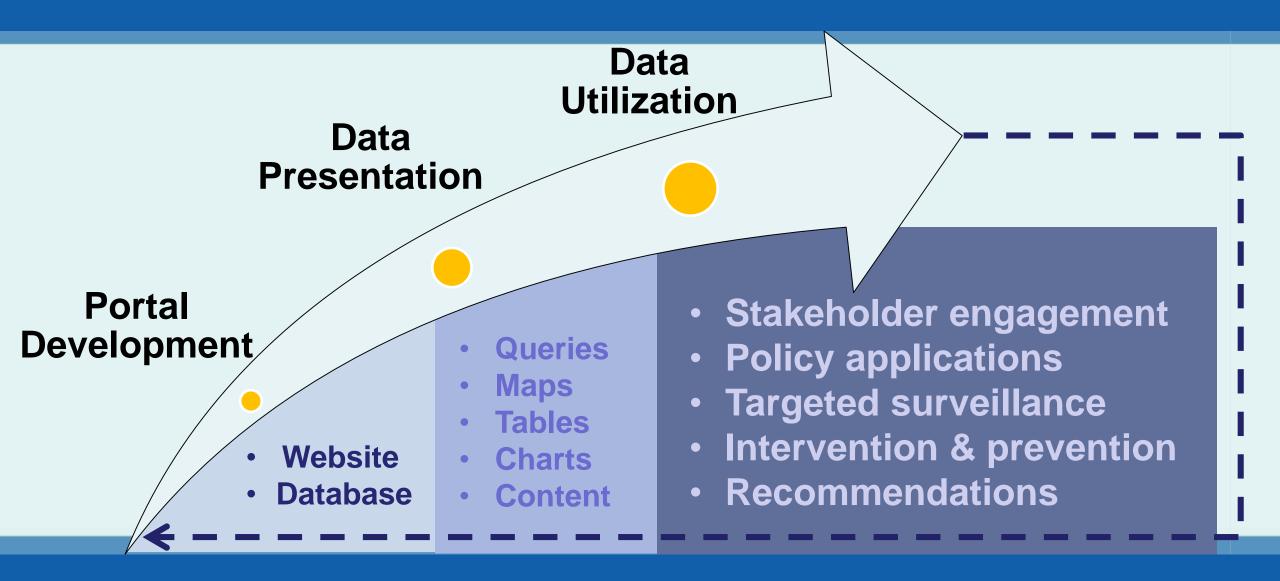
Jan Sullivan

Acting Director, Bureau of Environmental Health and Co-PI, Tracking Program

Massachusetts Department of Public Health



Massachusetts Evolution of Tracking



Two Ways Tracking Data Informs Massachusetts Department of Public Health Policies and Actions

1. Health Outcome Surveillance

2. Health in Environmental Policy

Health Outcome Surveillance in Massachusetts and Data Utilization Examples

Community and Census Tract Level Health Data

- Hallmark characteristic of Massachusetts Tracking
- An expectation of stakeholders in Massachusetts
- Public Health Performance Measures are often evaluated at this level

Data Utilization Examples

- Community Profiles
- Lead in Drinking Water Monitoring
- Population Vulnerability to Extreme Weather Events and Climate Change

2016 Boston Community Health Profile Geography



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Promoting environmental public health for the protection of health and wellness and the reduction of risks in our air, food, water, soil, and housing for all residents of the Commonwealth.

About Environmental Public Health Tracking (EPHT)

The Massachusetts Department of Public Health EPHT program has assembled profiles to provide a snapshot of environmental health for Massachusetts communities.

What information is inside this community profile?

Data for several health and environmental topics are presented in this profile, as well as population information. Terms that might be unfamiliar are in **bold** and defined in a glossary at the end of the profile. For more details about the data displayed here, about the EPHT program, or for more health and environmental data in your community, please visit our website at http://www.mass.gov/dph/matracking

Who can use this community health profile, and what can they use it for?

The community health profiles can be used by anyone who would like to know about environmental public health in Massachusetts communities. Profiles can be used to gather data, guide public health actions, identify high-risk groups, shape policy decisions, or simply inform the curious.

What is environmental public health?

The word "environment" produces images of the outdoors - trees, grass, and other parts of the natural world. In the field of environmental public health, the environment also includes the man-made spaces that surround us every day - our homes, neighborhoods, schools, and workplaces - all of which contribute to our health.

How can the environment impact my health?

In several ways! Some examples include runny noses and itchy eyes from pollen allergies that occur each spring. asthma attacks triggered by air pollution, and health problems in young children due to consuming old lead-based paint

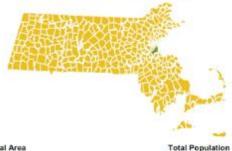
Why track environmental public health?

Monitoring different health topics over several years allows us to see trends over time and helps public health scientists better understand how the environment can impact our health.

Boston's Geography

617,594 people

U.S. Cesson, 2010



Total Area

49.5 square miles

Office of Geographic Information (Mass 015), 2005



Percent of Land Use

Agriculture - 0.2% Forest - 8.2%

Open space - 6.9%

Recreation - 5.6% Urban - 76,6%

Water - 2.2%

2016 Boston Community Health Profile Population Demographics



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



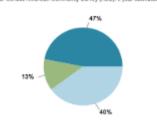
Boston's Population

Some people are more vulnerable to the negative effects of different environmental hazards than others. For example, the effects of lead poisoning are worse in young children. This is why it is important to not only collect data about the environmental health of an area, but also understand the sociodemographic makeup of a community. Population characteristics are important to know because they can help a community learn about the needs of its residents, and better target public health messages and programs.

Demographics



Population breakdown by age U.S. Census American Community Survey (ACS), 5-year estimates, 2014



Distribution of household income U.S. Census American Community Survey (ACS), 5-year estimates, 2014 Think about all the different health needs of older and younger populations. Older adults are more likely to have many different preexisting health conditions that may be complicated by environmental hazards, while young children have growing bodies that are more sensitive to

Median household income is the total amount of money made by people who live together, who may or may not be related to each other.

Poverty

Income

<\$40K

\$40-608

\$60K+



76%

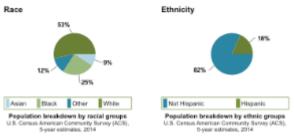
Porcent of households below the poverty line U.S. Consus American Community Survey (ACS), 5-year estimates, 2014 Poverty status for a household is determined by the income and makeup of that household. A household is "below the poverty line" if the total household income falls below a value set by the federal government. This value changes according to household size and ages of household members, and is updated every year.

2016 Boston Community Health Profile Environmental Justice





Race refers to sets of physical characteristics like skin color, while ethnicity refers to sets of shared cultural, social, or linguistic characteristics. Race and ethnic categories are not mutually exclusive. For example, someone can be of Hispanic ethnicity, but of white



Environmental Justice (EJ)

People who are members of minority racial and ethnic groups, and people who are poor, may face more environmental burdens in their neighborhoods. According to the U.S. Centers for Disease Control, members of these populations are more likely to live near toxic waste sites, in areas with high air pollution, and in substandard housing. Furthermore, these populations might have difficulty accessing health resources.

Boston: **73.9** % Statewide: **12.1** %

or black race.

Percentage of population residing in a block group where one or more of the EJ criterio is met, compared to the average percentage for all MA communities, colculated using data from the 2010 U.S. Centess and the EODEA.

The principle of **environmental justice** was developed to address this inequality. This principle states that all people, regardless of income or race, have the right to fair treatment and equal involvement in environmental issues, and the right to live in environmentally healthy neighborhoods.

The Massachusetts Executive Office of Energy and Environmental Affairs (EOEEA) defines environmental justice neighborhoods as **census block groups** where at least one of the following is true:

- Median annual household income is at or below 65% of the statewide median income;
- 25% or more of the residents are a minority; or
- 25% or more of the residents are not fluent in the English language.

EJ neighborhoods where more than one criteria are met may be the most vulnerable to environmental and health hazards. To find out more about environmental justice populations and your community, visit the Executive Office of Energy and Environmental Affairs EJ webpage at: https://www.mass.gov/eea/agencies/massdep/service/justice/. For more detailed information about how EJ neighborhoods are defined, visit the glossary.

2016 Boston Community Health Profile Childhood Lead Poisoning



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Boston's Health

The environment can contribute to the development of chronic disease. Chronic illnesses are some of the most common. expensive, and avoidable health problems.

Some links between chronic disease and the environment are well understood - it is common knowledge that smoking cigarettes can cause lung cancer. However, many links between chronic disease and the environment are not well understood. It is very difficult to determine the true cause of an illness, Individual genetics, the natural and built environment, and lifestyle can all play a role in determining whether or not a person develops a chronic disease.

Childhood Lead Poisoning

Lead paint in older homes is the most common source of lead poisoning. Chipping and peeling paint, and paint disturbed during home remodeling, can release lead dust which is then inhaled or consumed. Lead can cause damage to the brain, kidneys, and nervous system; slow growth and development; and create behavioral problems and learning disabilities in children. The use of lead in household paint was banned in 1978, but lead paint applied before the ban is still present in many older homes across the Commonwealth.

Lead Screening



Statewide: 77%

Percentage of children 9 to <48 months screened for lead

MDPH BEH Childhood Lead Poisoning Prevention Program (CLPPP), 2014

State and federal regulations are in place to monitor children's lead levels, which are detected with a blood test. Massachusetts requires all children to be tested 3 times by the age of 3 (and again at age 4 if they live in a high-risk community).

Confirmed Blood Lead Levels (BLL)



Statewide: 3.7

5-year average annual rate per 1,000 children 9 Percentage of housing units built before to <48 months with confirmed BLL >= 10 µg/dL

Program (CLPPP), 2010 - 2014

CLPPP considers a child with a confirmed blood lead level of 10 micrograms per deciliter (µg/dL) or more as elevated and requiring a public health intervention.



Lead in Homes

Statewide: 71%

MDPH BEH Childhood Lead Poisoning Prevention U.S. Census American Community Survey (ACS), 5-

The Massachusetts Lead Law requires that homeowners delead homes built before 1978 that have lead paint where any children under the age of six live. Deleading means that lead hazards in the home such as peeling lead paint are covered or removed. If you have questions about having your home inspected for lead, locating a licensed deleader, or understanding the Lead Law, contact the CLPPP at 1-(800) 532-9571.

umber of first time elevated blood lead levels over the past five years. All ties and towns are reassessed for lead risk annually.

Based on these factors, Boston was considered a high risk lead community for 2014.

2016 Boston Community Health Profile Heart Attack and Asthma



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Heart Attack

While risk factors for having a heart attack include obesity, smoking, and high cholesterol, exposure to air pollution, specifically ozone or particulate matter, can also increase risk.

Heart attack hospitalizations are tracked for adults over age 35. Hospitalization data are presented in age-adjusted rates per 10,000 people.



Age-adjusted rate per 10,000 people Massachusetts Center for Idealth Information and Application (CHIA):

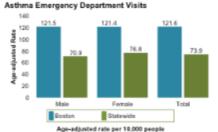
Asthma

Asthma attacks can be triggered by environmental pollutants and asthmagens like cigarette smoke. This illness is more common in children than adults and is increasing in prevalence.

Asthma hospitalization is tracked for people of all ages who visit the amergency department of a hospital for an asthma-related reason. Hospitalization data are presented in age-adjusted rates per 10,000 people.

Asthma prevalence in Massachusetts is also tracked among children from the time they enter kindergarten (K) through the 8th grade. Prevalence is expressed as a percentage of all children enrolled in these grades.

The Indoor Air Quality (IAQ) Program evaluates indoor environmental quality in public schools at the request of the public. For more information about school assessments or to find out if an assessment has been conducted at a school in your community, visit www.mass.gow/dph/liag.



Age-adjusted rate per 10,000 people sochusetts Center for Health Information and Analysis (CHIA), 2012

Pediatric Asthma Prevalence in K-8 Students

Rate per 100 K-8 students
MA Department of Public Health (MDPH) Bureau of Environmental Health (BEH),
2013-2014 school year

2016 Boston Community Health Profile Air Quality



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Boston's Environment

The air we breathe and the water we drink can sometimes be impacted by pollutants, which may come from historical sources, accidental releases, manufacturing processes or even regular activities like driving a car. The state and federal governments are responsible for setting standards and guidelines for environmental pollutants; ensuring that monitoring of those pollutants takes place; and taking action if there is a violation. The degree to which a person might be impacted by an environmental hazard is extremely variable and depends on many factors. Age and individual health status might play a role, as well as the length of time of exposure to the hazard and the amount of the hazard present.

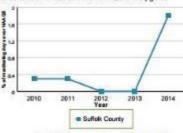
Air Quality

Exposure to air pollution can contribute to heart or lung illnesses. particularly for people at-risk because of preexisting heart or lung disease. Air pollution can aggravate asthma or other respiratory ailments, or trigger heart attacks. The U.S. EPA establishes limits on air pollution levels to protect public health, including the health of at-risk. populations. These limits, called National Ambient Air Quality Standards (NAAQS), apply to widespread pollutants including ozone and fine particles. Currently, EPHT air quality measures are available for counties with monitoring stations, which are maintained by the Massachusetts Department of Environmental Protection (MassDEP).

In 2011, Suffolk County had 1 day with ozone levels above the 8hour NAAQS of 0.075 ppm and 1% of monitoring days of PM2.5 levels above the 24-hour NAAQS of 35 µg/m3.

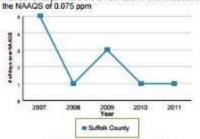
Fine Particles (PM2.5)

Percent of days where the 24-hour PM2.5 daily concentration exceeded the NAAQS of 35 µg/m3



MassDEP Air Assessment Branch (AAB), 2007 - 2011

Number of days where the 8-hour ozone level exceeded



MassDEP Air Assessment Branch (AAB), 2007 - 2011

Fine particulate matter or PM2.5 refers to a mixture of extremely small airborne particles. PM2.5 is displayed here inumber of days in a year that ozone concentrations as the percent of monitored days when concentrations were above the NAAQS over a 24-hour period.

Ozone is a colorless gas. This measure reflects the exceeded the NAAQS over an 8-hour period.

"No Data" is displayed when the monitoring station did not capture a minimum amount of days of data.

2016 Boston Community Health Profile Drinking Water Quality



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Drinking Water Quality

The U.S. EPA sets limits for acceptable and safe levels of contaminants in drinking water, and the MassDEP Drinking Water Program is responsible for monitoring and enforcing those limits. The EPHT program has information available for nine contaminants.

Most people in Massachusetts drink water from a public community water system. Providers are responsible for testing water and reporting test results to the MassDEP. Contact your fown water department or water provider to obtain a copy of current test results.

Some people have private wells on their properties that provide drinking water. Those individuals are responsible for testing their own well water to ensure it is safe for drinking.

It is important to track the water quality of community water systems. Health effects from potential contaminants will depend on the pollutant, the amount ingested, how it was ingested (for example, if the polluted water was introduced into the body by drinking or skin absorption) and the sensitivity of the individual.

Contaminants tracked by

Arsenic Atrazino DEHP Disinfection Byproducts

> Nitrates PCE TCE

Uranium
Have a private well?



Visit MA DEP for drinking water testing recommendations

Boston receives water from the Massachusetts Water Resource Authority (MWRA). For water test results and violations please go to

http://www.mwra.com/watertesting/watertests.htm-

MossOEP Drinking Woter Program, 2006 - 2013

2016 Boston Community Health Profile Climate Change



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Climate Change

Massachusetts is already experiencing the effects of climate change, from hotter summers to rising sea levels. These effects will have consequences for the health of many people across Massachusetts. With evidence suggesting that effects of climate change will be most directly felt at the local level, MDPH is working with local health partners to prepare for the health threats and challenges posed by a changing climate in their community.

MDPH is implementing CDC's Building Resilience Against Climate Effects (BRACE) framework to help communities better prepare and respond to potential climate-related impacts. EPHT data can inform strategies to: 1) better understand links between climate and health; 2) identify vulnerable populations or areas; 3) identify interventions to reduce potential health impacts; and 4) support local planning efforts.

The information provided below gives an example of how data from the MA EPHT program website can help communities in preparing for extreme heat-related events. You can read more about BRACE on our website's .climate change page

Understanding the Climate and Health Link: Extreme Heat-Related Events

Tracking Links between Climate and Health

One predicted impact of climate change is an increase in the number of days over 90 degrees. More days of extreme heat increase the number of residents at risk for experiencing heat stress, the effects of which include fatigue, cramps, dehydration and heat stroke. EPHT tracks the number of emergency room visits for heat stress in each community in Massachusetts.

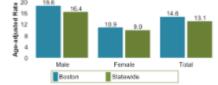
Tracking Vulnerable Populations

Studies of deaths during extreme heat events found that older adults, especially those living alone, are more vulnerable. EPHT provides a vulnerability mapping tool that displays this measure and other demographic data for each community.

Identifying Possible Interventions

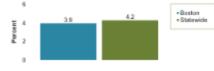
Green space decreases overall outdoor temperature because trees and shrubs can provide shade. Green space is measured as the percent of land in the town devoted to agriculture, forest, open space, and recreation. EPHT provides percent of green space in each community in the vulnerability mapping tool.

Heat Stress Emergency Department Visits



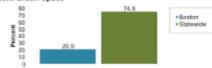
Age-adjusted rate per 10,000 people

Percent of Population over 65 Living Alone



U.S. Census American Community Survey (ACS), 5-year estimates,

Percent Green Space



Calculated using data from the Office of Geographic Information (MassGIS), 2005

Supporting Intervention Planning Efforts

In this example, interventions can be implemented to monitor and communicate risk to the elderly who are living alone during times of extreme heat, improve access to cooling centers, and support longer-term efforts to reduce the impact of increasing temperature by creating more green space, especially where vulnerable populations are located.

2016 Boston Community Health Profile Sources of Data



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



What You Can Do

There are many ways to minimize the impacts of environmental hazards to your health and the health of your family.

- Get tested: Have your home tested for <u>cador</u> (1-800-RADON95) and for the presence of <u>lead</u> peint, especially if you live in a house or apartment built before 1978 (1-800-532-9571); if you drink <u>private well water</u>, regularly have your water tested for contaminants.
- Read labels and follow instructions when using household chemicals.
- Wash fruits and vegetables before consuming, and follow fish consumption advisories.
- Monitor air pollution levels and avoid strenuous activity when pollution levels are bad, especially if you have asthma.
- Maintain your car so it burns fuel oil efficiently, and take public transportation if possible.
- Avoid cigarette smoke and guit if you are a regular smoker. (1-800-QUITNOW).
- Maintain overall good health by staying active and eating healthy foods.

Learning about environmental public health in your community is the best place to start.

Together, we can work toward healthier communities.

About the Data

Data presented on this profile are collected by many different partners of the MA EPHT Program and are the most up-todate data available for each topic. For more information about the data visit http://www.mass.gov/dph/matracking.

Demographics: US Census Bureau, American Community Survey (ACS), 5-year estimates, 2010 https://www.census.gov/programs-surveys/acs

Geography: Office of Geographic Information, Commonwealth of Massachusetts, MassIT, 2005 http://www.mass.gov/ ant/research-and-tech/it-serv-and-support/application-serv/office-of-geographic-information-massgis/

Environmental Justice: Office of Geographic Information, Commonwealth of Massachusetts, MassIT, 2010 http://www.mass.gov/ant/rasearch.and-tech/it-serv-and-support/application-serv/office-of-geographic-information-massgis/datalayers/cen/2010ej.html.

Asthma prevalence: MDPH BEH, 2013-2014 school year http://www.mass.gov/dph/asthma

Hospitalization: Massachusetts Center for Health Information and Analysis (CHIA), 2012 http://www.chiamass.gov/ Childhood lead poisoning: MDPH BEH Childhood Lead Poisoning Prevention Program (CLPPP), 2014 http://www.census.gov/ www.mass.gov/dph/clppp and United States Census Bureau, 2014 http://www.census.gov/

Air quality: MassDEP Air Assessment Branch, 2007 - 2011 http://www.mass.gov/eea/agencies/massdep/air
Drinking water quality: MassDEP Drinking Water Program, 2009 - 2013 http://www.mass.gov/eea/agencies/massdep/air
Water/drinking

Climate change: MDPH BEH and U.S. Centers for Disease Control (CDC) http://www.cdc.gov/climateandhealth/ brace.htm

Contact Us

We appreciate your comments, suggestions, and questions. You may send an email to the MA EPHT program at MA-EPHT@State.MA.US. We can also be reached at 1-800-319-3042. Please leave a voicemail if calling after office hours.

Did you know? The MA EPHT program is part of a national network of state and local health departments committed to tracking environmental public health.

Acknowledgements

This program was made possible thanks to the U.S. Centers for Disease Control and Prevention grant for the Maintenance and Enhancement of the State and National Environmental Public Health Tracking Network.

2016 Boston Community Health Profile Glossary to Understand the Terms



MASSACHUSETTS ENVIRONMENTAL PUBLIC HEALTH TRACKING

COMMUNITY PROFILE FOR:

Boston



Glossary

Age-adjusted rate - A statistical method applied to the rates of a disease in a population that allows comparison among populations with different age distributions; also known as age-standardized rate.

Census block group - A geographic area used by the U.S. Census. Block groups are smaller than census tracts and usually hold between 600 to 3,000 people.

Chronic disease - A chronic disease is an illness that is persistent over time. According to the U.S. Centers for Disease Control and Prevention, chronic diseases are among the most prevalent, expensive and preventable diseases.

Community Water System (CWS) - Any water system that provides water for human consumption through pipes or other constructed conveyances to at least 15 service connections or serves an average of at least 25 people for at least 60 days a year.

Confirmed Blood Lead Level - A confirmed blood lead specimen is either a single venous blood lead specimen of any value, or the highest confirmed value of two or more capillary blood lead specimens >=10 µg/dL drawn within 12 weeks of each other.

Deciliter (dL) - A metric measure of capacity that is 1/10th of a liter.

Environmental hazard - A substance or situation in the environment that might adversely affect human health. People can be exposed to physical, chemical, or biological toxins from various environmental sources through air, water, soil, and food.

Environmental Justice (EJ) - The fair treatment and meaningful involvement of all people regardless of race, national origin, color, or income when developing, implementing, and enforcing environmental laws, regulations, and policies. Fair treatment means that no group of people, including a racial, ethnic, or socioeconomic group, should bear more than its share of negative environmental impacts.

Median - The median is the number in a data set that separates the upper half of the data in the data set from the lower half.

Micrograms (µg) - Unit of measure for weight/mass equal to one-millionth of a gram used to measure the concentration of pollutants in the air.

National Ambient Air Quality Standards (NAAQS) - Standards established by U.S. EPA that apply to outdoor air throughout the country.

Ozone - There are two types of ozone—"good" ozone and "bad", ground-level ozone. Good ozone occurs high in the atmosphere and forms a layor that deflects harmful ultravioted (UV) rays, preventing them from reaching the Earth. Bad ozone is an odorfess, colorfess gost that is created by a chemical reaction and can affect health.

Particulate matter - "Particles" or "particulate matter" are terms used to describe the mixture of solid particles and liquid droplets in the atmosphere. The microscopic solid and liquid particles are of human and natural origin and can vary greatly in size and composition.

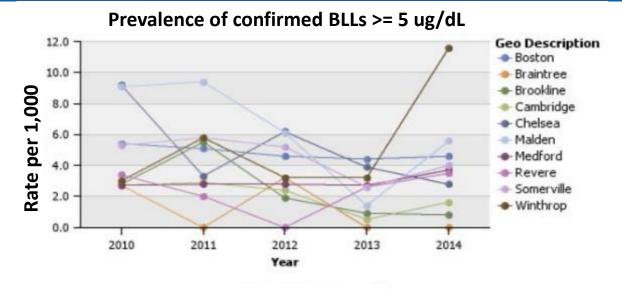
Poverty - Poverty status for a household is determined by the income and makeup of that household. A household is "below the poverty line" if the total household income fails below a value set by the federal government. For more information about how the government defines poverty, including tables of poverty thresholds, visit the U.S. Census Bureau's Poverty webpage (https://www.census.gov/hhes/www/poverty/index.html).

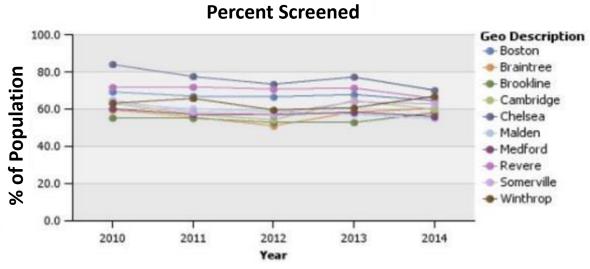
PPM - Parts per million; denotes 1 part per 1,000,000 parts. Used to measure the concentration of ozone in the air.

Prevalence - The proportion of individuals in a population having a disease or condition. Prevalence is a statistic that refers to the number of cases of a disease that are present in a particular population at a given time.

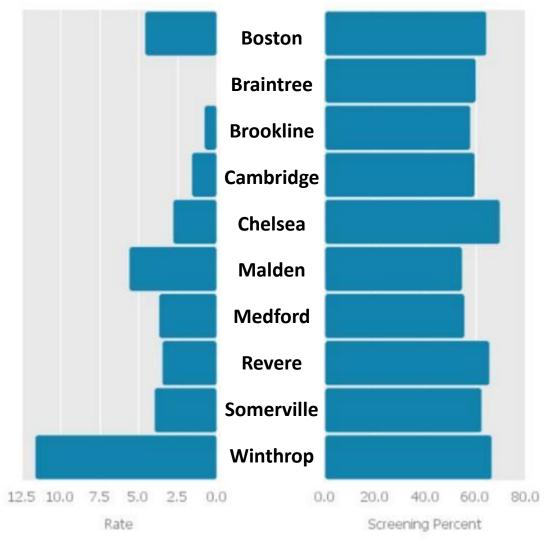
Sociodemographic - A term describing data relating to sociologic and demographic factors.

Blood Lead Dashboard To Track and Detect Exposures









Community Lead Report Card

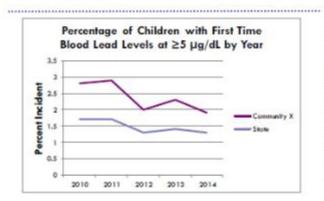
- > Annually distributed to community Boards of Health
- Our portal automatically updates as new data available
 - Community screening rate
 - Community percent of children tested compared to state
 - Number of homes to remediate

Massachusetts Childhood Lead Poisoning Prevention Program

2014 Community Status Report: Community X

Childhood lead exposure is a continuing problem in MA. Lead is a metal that hurts the brain, kidneys, and nervous system of children. Most children get exposed to lead from paint in older homes. There is no safe level of exposure to lead, and once a child is exposed the harm done may never go away. Children in high risk communities are at greater risk for lead poisoning due to having a larger proportion of older homes and families with low to moderate income.

Out of 351 communities in MA, Community X has the 2nd highest 5 year incidence of children with elevated blood lead levels.



Percent of Homes **Built before 1978***

85% in Community X

70% in MA

In 1977 lead banned. Homes built pre 1976 may contain dangerous levels of load in paint.

There are 2,300 homes from the last five years that were found to have lead hazards and have yet to be remediated.

Low interest loans are available for de -leading your home. Every year a portion of the funding goes unused. For more information visit

masshousing.com

Additional information available at: mass.gov/dph/elppp, mass.gov/alph/matracking and masshousing.com

Lead Poisoned Children

There were 9 children with blood lead poisoning (> 25 Ua/dL).

Unconfirmed Tests

There were 8 children with capillary tests >10 µg/dL who were not retested.



All elevated capillary tests must be followed p within 84 days with a second capillary test or venous test.

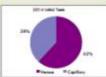
Screening Rate

84% in Community X

77% in MA

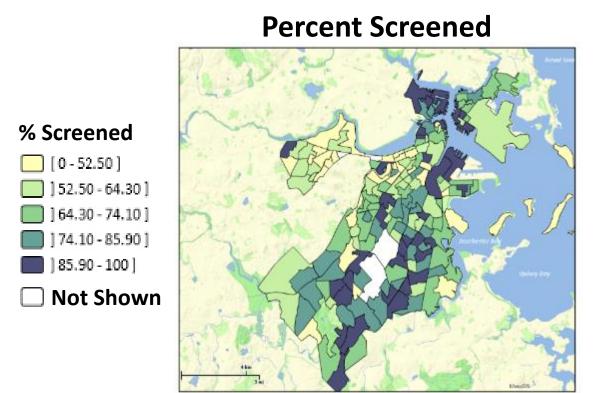
communities must be screened between 9-12 months, and again at ages 2, 3, and 4.

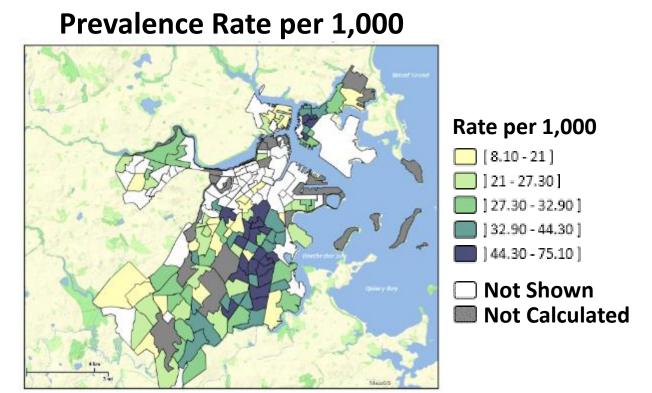
Blood Testing Metho



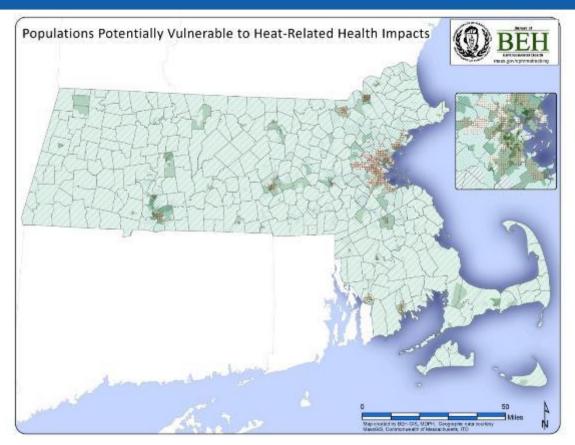
Capillary testing is prone to contamination and elevated capillary tests require a second confirmatory test. A single venous test is confirmatory and much more valid.

Community Lead Report Card Back Page Has Map of Screening and Prevalence



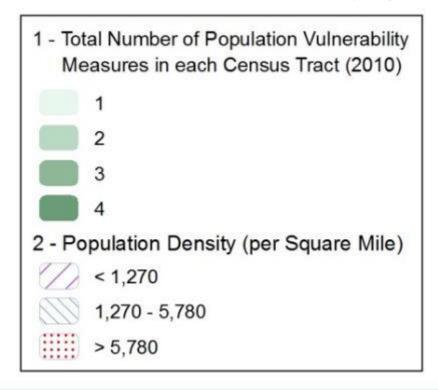


Combining Data on Health, Climate Events, and Health Indicators to Inform Preparedness Efforts



Communities with the most vulnerable populations to climate events are not just those closest to the coast

Population Vulnerability Measures in this map are Low Income, Low English Proficiency, Non-white Race, and Elderly Age



Massachusetts Health in Policy Tracking Data Utilization Examples

- > Tracking has expanded breadth and availability of data
 - Health and environmental data now available to stakeholders
- > Tracking data used to inform health policies
- Environmental Policies that use Tracking data
 - Health Impact Assessments
 - Environmental Justice Population Definitions
- Community Health Policies that use Tracking data
 - Community Health Needs Assessments

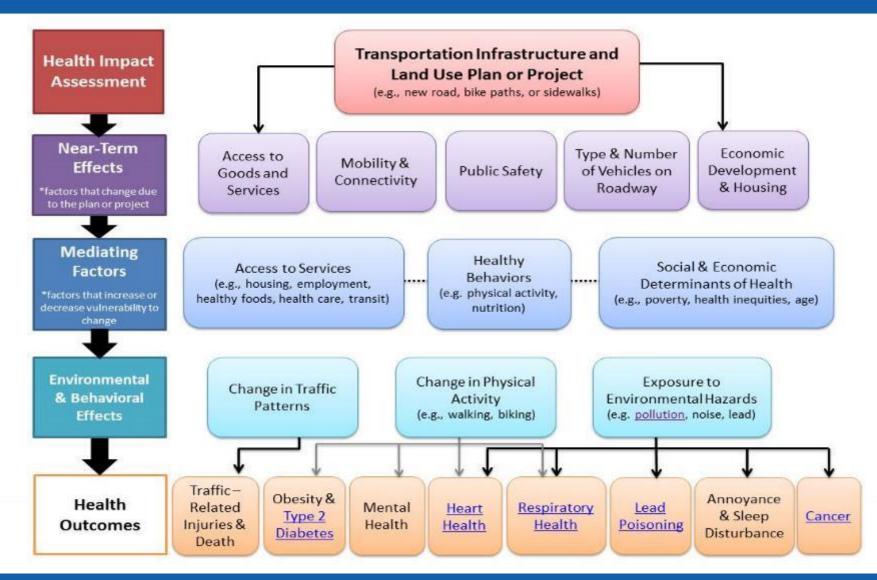
Health Impact Assessments in Massachusetts

Healthy Transportation Compact (HTC)

"Under Massachusetts General Laws Chapter 6C, Section 33, the 2009 Healthy Transportation Compact, is directed to:

- -- establish methods to implement the use of health impact assessments (HIAs) to determine the effect of transportation projects on public health and vulnerable populations; and
- -- institute a health impact assessment for use by planners, transportation administrators, public health administrators and developers."
- Requires inclusion of health considerations and impact assessments in transportation projects

Healthy Transportation Compact Health Impact Assessment for Inserting Health into Environmental Policy



Health Driving Policy "McGrath Grounding" HIA

"Previous"



"Proposed"



Reduces noise and promotes physical activity

Health Impact Assessments (HIA) Using Tracking in Massachusetts

HIA integrated into policy

Opportunity

to leverage Tracking Data to improve public health

HIA Toolkit on Portal

Increase awareness

to tracking by offering guidance on HIA implementation and highlighting EPHT Resource **HIA Data Tool**

Expeditedata access

into centralized system for many types of Impact Assessments

Health Impact Assessment (HIA) Tool for Data Extraction

Development of tool to extract health, SDOH and environmental indicators by use type

Extract aggregate data for custom geography of interest

Social **Determinants** Health of Health **Indicators** (e.g., asthma) (e.g., vulnerable populations) Climate Change HIA **Environmental Data** (non-portal, e.g., Concentration Response function)

RT I-91 HIA Project Area Cities / Towns Project Area Census Tracts Selected Tracts

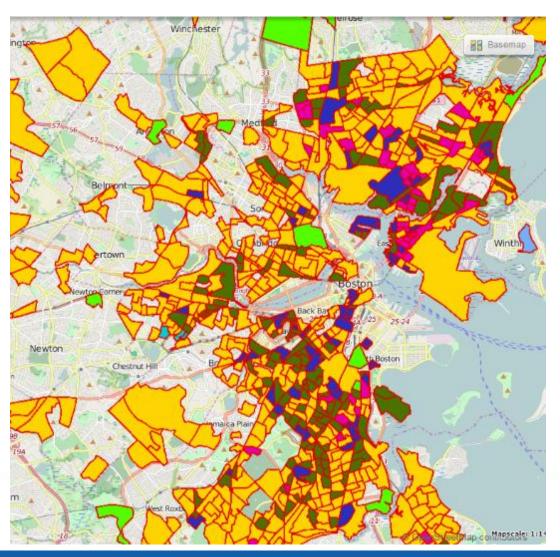
The Inclusion of Health Outcomes in Environmental Justice (EJ) Policy to Give Residents a Voice in Environmental Decision-making

- ➤ Review of Environmental Justice (EJ) Policy
 - Urged by stakeholders, including Department of Public Health (DPH) to include health in EJ policy
- ➤ DPH concerned that a definition adding health was not consistent with the intent of EJ
 - Might favor ill populations over minority and poor populations
- > DPH proposed two stage EJ policy
 - Use health data to identify and prioritize EJ populations as vulnerable EJ populations
 - Tracking data will be used for this

Environmental Justice

The fair treatment and meaningful involvement of all people regardless of race, national origin, color, or income when developing, implementing, and enforcing environmental laws, regulations, and policies.

2010 Environmental Justice Populations in Metro-Boston



Environmental Justice criteria include:

- Income
- Minority Population
- English Isolation



Using Health Data to Identify Vulnerable Environmental Justice (EJ) Populations

Three key provisions offered by DPH

- Identify EJ populations with higher than average rates of environmentally related health outcomes, including
 - Childhood asthma
 - Low birth weight
 - Childhood lead poisoning
 - Heart disease
- A rate greater than 110% of the state rate would be sufficient to characterize a population as having vulnerable health
- Specific Massachusetts Tracking criteria would be used

Potential Benefits by Including Health in Environmental Justice (EJ) Policy

Enhance public participation

- Enhance reviews of Massachusetts Environmental Policy Act projects in EJ populations
 - An Act designed to avoid damage to the environment from environmental projects
- Increase participation in environmental agency programs
- ➤ Improve regulatory compliance, enforcement, and technical assistance
- > Promote
 - Brownfields revitalization and environmental restoration
 - Economic partnerships for projects incorporating cleaner production processes in EJ populations
 - Open space

Tracking Data Used to Inform Community Health Needs Assessments

> Tracking Data Utilization as a Community Health Policy Driver

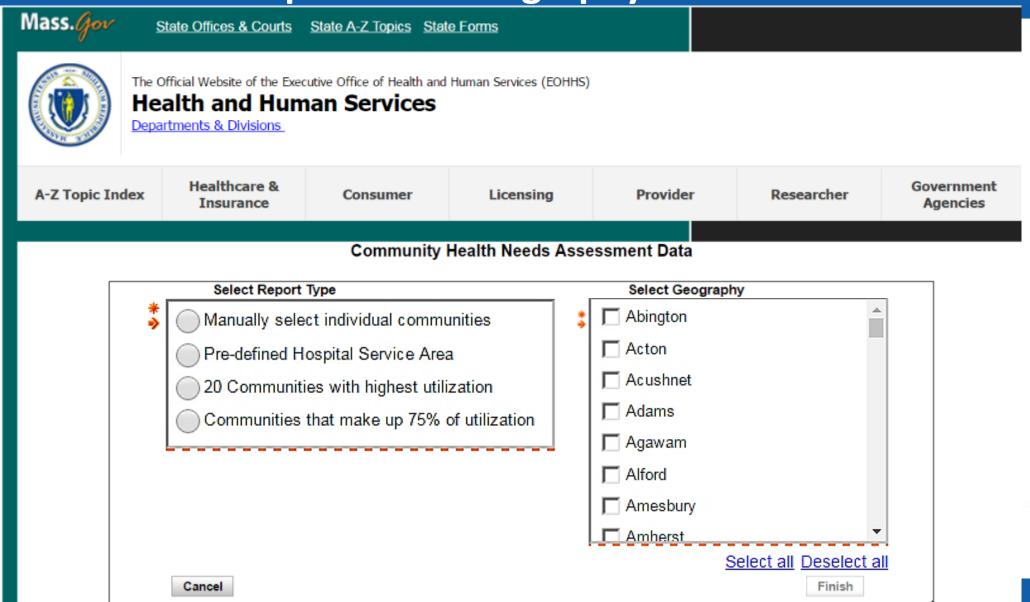
- As with environmental policies, the lack of readily accessible and interpretable data could lead to uninformed decisions and unclear targets for limited resources
- Data used for Community Health Needs Assessments



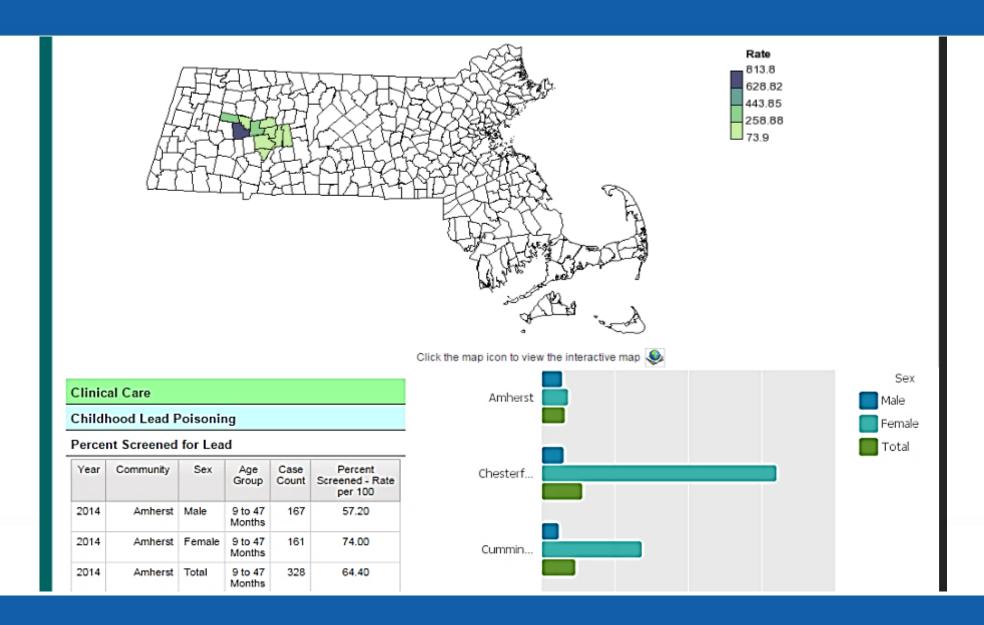
Community Health Needs Assessments (CHNAs)

- > CHNAs are required by all tax-exempt hospitals every three years
- ➤ Hospitals are required to consult with state and local health departments in developing CHNAs and intervention strategies
- ➤ Opportunity for public health and Tracking to help guide community health improvement and health equity
- > Tracking can provide hospitals with much of the data that hospitals need to identify community health needs
- > Tracking data can assist in implementation and evaluation of strategies to improve community health

Community Health Needs Assessments Initial Query Box to Select Hospital and Geography of Interest



Community Health Needs Assessment Output for Lead Poisoning



Where Is Massachusetts Tracking Heading?

➤ On the drawing board ...

- Developing predictive measures of health care costs associated with hypothesized changes in disease rates
- Inclusion of Tracking data in Primary Cancer Prevention 5-year Strategic
 Plan objectives
- Application of predictive modeling to target vulnerable populations
- Employing the Tracking infrastructure to help meet DPH formal Population Health goals
- ➤ All because environmental health data is now accessible through Tracking

We're only touching the surface of Tracking's potential!



http://www.mass.gov/dph/matracking

ENVIRONMENT & HEALTH DATA AT YOUR FINGERTIPS



AIR QUALITY ASTHMA BIOMONITORING CARBON MONOXIDE POISONING CHILDHOOD LEAD POISONING

CLIMATE CHANGE

DEVELOPMENTAL DISABILITIES

HEART DISEASE

HEAT STRESS ILLNESS

LIFESTYLE RISK FACTORS

PESTICIDE EXPOSURES

POPULATION CHARACTERISTICS

TOXIC SUBSTANCE RELEASES & MORE

Environmental Public Health Tracking

- More and more health and environmental data are available
- CDC's Tracking Network sets standards and describes patterns and trends across the US
- > State and city tracking programs and networks address local environmental health concerns

Tracking Experts Fill the Gaps!

- ➤ Data are increasingly integrated into environmental and community health policy and decision-making
- > Tracking data and expertise fills the gap between the environment and our health





CDC PUBLIC HEALTH GRAND ROUNDS

Tracking Environmental Health Data for Public Health Decision Making

