Myths and Misconceptions of the 2009 H1N1 Pandemic



Stephen C Redd, MD Rear Admiral, USPHS Director, Influenza Coordination Unit Office of Infectious Diseases Centers for Disease Control and Prevention





Myth #1

It was a mild pandemic of little consequence



The World in H1N1 Numbers

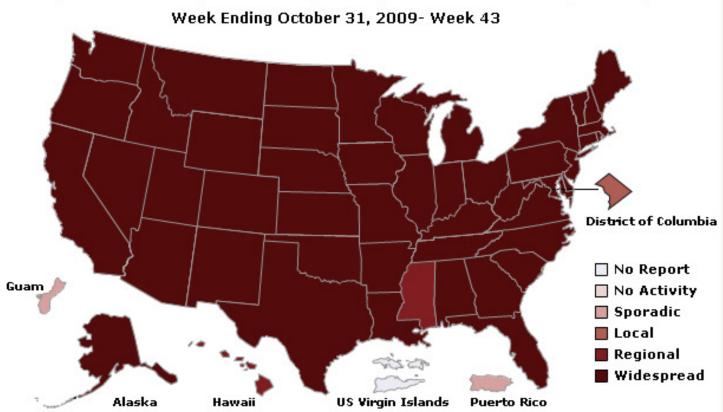
- First pandemic H1N1 case confirmed:
- Estimated number of U.S. cases:
- Estimated number of U.S. deaths:
- Number of countries reporting cases:

April 15, 2009 ~60 million ~12,500 190 (all)



Influenza Activity, October 31, 2009

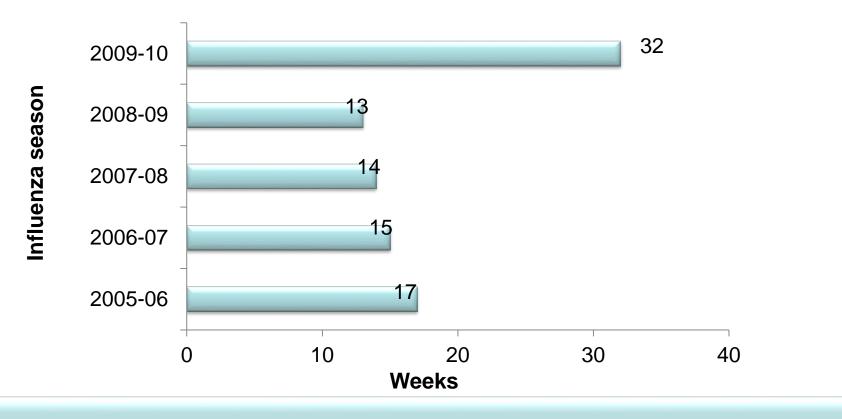
A Weekly Influenza Surveillance Report Prepared by the Influenza Division Weekly Influenza Activity Estimates Reported by State and Territorial Epidemiologists*



*This map indicates geographic spread and does not measure the severity of influenza activity.



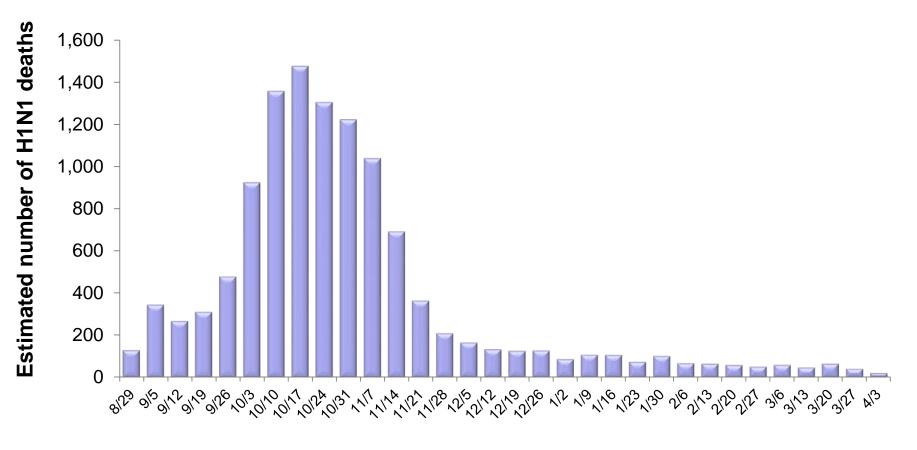
Duration of Recent Influenza Seasons



2009 H1N1 season lasted longer than previous seasons



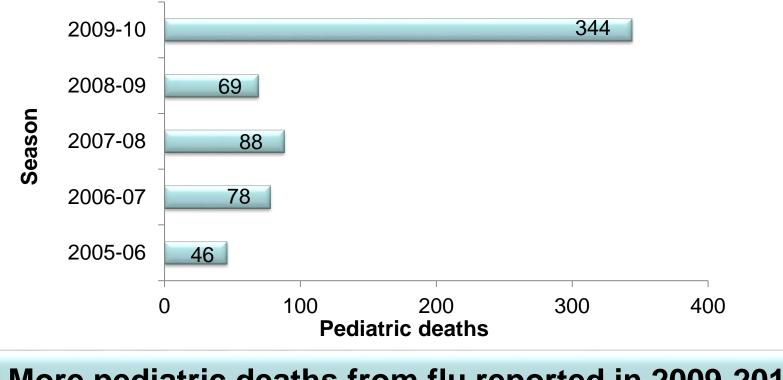
Estimated Number of H1N1 Deaths September 2009 – April 2010



Week



Pediatric Deaths Reported During Recent Influenza Seasons



More pediatric deaths from flu reported in 2009-2010 season than in previous seasons





Myth #2 In preparing for a more severe pandemic, we were unprepared for the 2009 H1N1 pandemic



Many Pre-pandemic Planning Assumptions Were Not Experienced

	Planning Assumptions	H1N1 Pandemic
Case mortality ratio	2%	0.02%
Detection	Outside United States	San Diego County
Population susceptibility	Universal susceptibility to pandemic virus	Substantial immunity in the elderly
Decision making	Time to characterize severity/virulence	Decisions based on limited information

Flexibility allowed for an effective response





Myth #3 Because we have the H1N1 experience, no further preparations are needed



Why H1N1 Still Matters

Stephen C Redd, MD

> Myths and Misconceptions of the 2009 H1N1 Pandemic

Michael W Shaw, PhD

H1N1 Laboratory Science Informing the Practice

Daniel B Jernigan, MD, MPH

Epidemiology and Surveillance: Old and New Approaches for Pandemic Response

Julie Morita, MD

Chicago Response to the H1N1 Pandemic: Strategy and Partnerships at the City Level

Vincent T Covello, PhD

H1N1 Risk and Crisis Communication: Successes and Challenges



H1N1 Influenza Laboratory Science Informing the Practice



Michael W Shaw, PhD Associate Director for Laboratory Science Influenza Division National Center for Immunization and Respiratory Diseases Centers for Disease Control and Prevention





Detection of the virus

Development of the vaccine

Monitoring the pandemic virus



Detection of Novel Swine Influenza

First case

- 10 year old boy
- Identified on April 15, 2009 as part of a CDC-sponsored clinical trial

Second case

- > 9 year old girl
- Identified on April 17, 2009, as part of CDC border flu surveillance

Next cases

- Genetic match with cases in Mexico and Texas
- Mexico cases appeared to have more severe disease

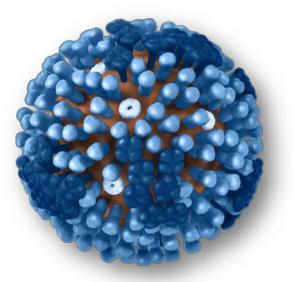


Southern California, US





Virus of the Year: The Novel H1N1 Influenza



"Scientists characterized the new virus and distributed tests to detect it at record speed, sharing findings nearly in real time." – Science Volume 326 18 December 2009–

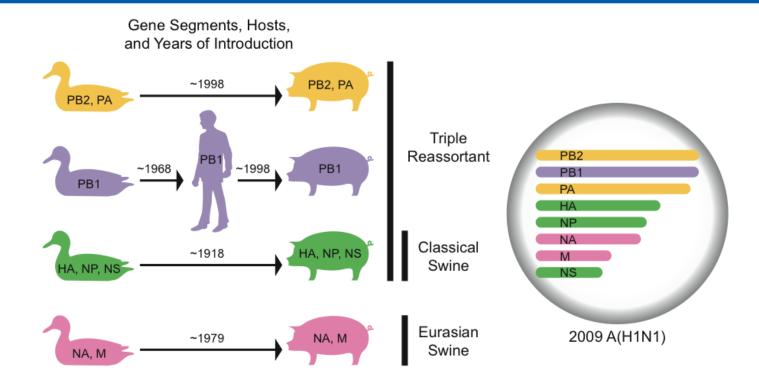


Behind the Doors of the Influenza Laboratories





Unveiling the H1N1 Genetic Composition



Phylogenetic analyses determine virus is derived from swine influenza

- Garten, Davis, et al. Science, 2009



Pandemic Planning and Preparedness Before April 2009: Laboratory Diagnostics

- Develop new diagnostic tests
- Conduct antiviral susceptibility testing
- Implement proficiency testing
- Improve access to viruses and reagents
- Improve virologic surveillance
 - Increase laboratory training
 - Improve surge capacity
 - Develop policy and regulatory preparedness
- Provide guidance for clinicians





Detection of the virus

Development of the vaccine

Monitoring the pandemic virus



2009 H1N1 Vaccine Development

Selection of a candidate vaccine virus

- Challenge: Identification of a strain representative of circulating viruses that grow in eggs
- Partnerships: WHO and FDA for strain selection; NYMC for generation of highyield reassortant strain distributed to manufacturers
- Methodology: Same approach as used for seasonal influenza vaccines





2009 H1N1 Vaccine Development, cont.

Development of a candidate vaccine

- Vaccine candidate strain: A/California/7/2009 virus
- On May 23, 2009, CDC began sending the vaccine candidate strain to vaccine manufacturers for mass production of vaccine







Detection of the virus Development of the vaccine Monitoring the pandemic virus

Tracking the H1N1 virus Monitoring changes in the H1N1 genetic makeup



Tracking the 2009 H1N1 Virus

PCR test for identification of the H1N1 virus in respiratory specimens



For research purposes

Emergency use authorization April 28, 2009

FDA-approved test for use in diagnostic laboratories



Tracking the 2009 H1N1 Virus, cont.

2,125 PCR kits to 432 laboratories in 142 countries 291 WHO HI test kits to 203 laboratories in 99 countries



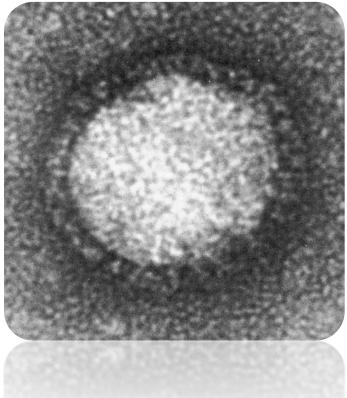
PCR, Polymerase chain reaction HI, Hemagglutination inhibition



Monitoring Changes in the Virus Genetic Makeup

Genetic properties previously associated with changes in

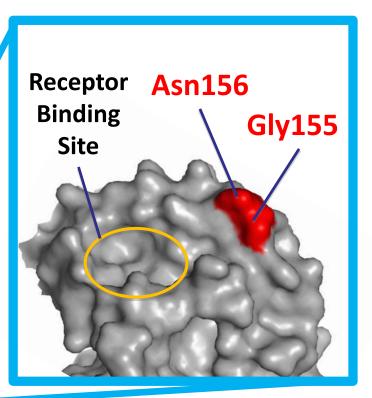
- Transmissibility
- Virulence
- Antiviral susceptibility
- Match with the vaccine strain
 - Changes in surface antigens





Virus Changes Being Monitored Now

- Amino acid changes at the apex of hemagglutinin are associated with reactivity to neutralizing antibodies
- Changes in cell receptor-binding pocket determining tissue tropism and ease of transmission



Hemagglutinin



Monitoring the 2009 H1N1 Virus What is the Latest Information?

Genetic changes

- No sustained transmission of genetic changes previously associated with increased transmissibility or virulence
- Changes associated with increased virulence in avian viruses have not had the same effect in the H1N1 pandemic strain

Antiviral resistance

> 99% of viruses tested are susceptible to oseltamivir

Vaccine match

Good match between the circulating virus strains and the vaccine virus strain



Lessons Learned

- Basic laboratory science is the cornerstone for developing applications that can be rapidly deployed in an emergency
- Preparedness pays off and must be continued
- Partnership is critical
 - Local to national to global
 - Laboratory, public health, healthcare, policy, other



H1N1: What Next?

- Changes in the virus are expected as it adapts to the human host
- Changes in the virus are expected as the human population establishes herd immunity
- Any change in the frequency of antiviral resistance must be monitored to inform treatment recommendations



Epidemiology and Surveillance: Old and New Approaches for Pandemic Response



Daniel B Jernigan, MD, MPH CAPT, USPHS Deputy Director, Influenza Division National Center for Immunization and Respiratory Diseases Centers for Disease Control and Prevention





Characteristics of the H1N1 pandemic in the United States

New surveillance systems and methods for evaluation of the H1N1 pandemic



Multiple Efforts for Rapid Characterization of the H1N1 Pandemic

Early field investigations

- Case-contact field investigations and community surveys defined:
 - Transmission e.g., household and secondary attack rates
 - Clinical severity e.g., spectrum of illness and affected risk groups

Enhanced surveillance

- Existing systems were ramped up
- New systems were initiated









Tracking the Pandemic Different Surveillance Systems Monitor Disease in Different Settings

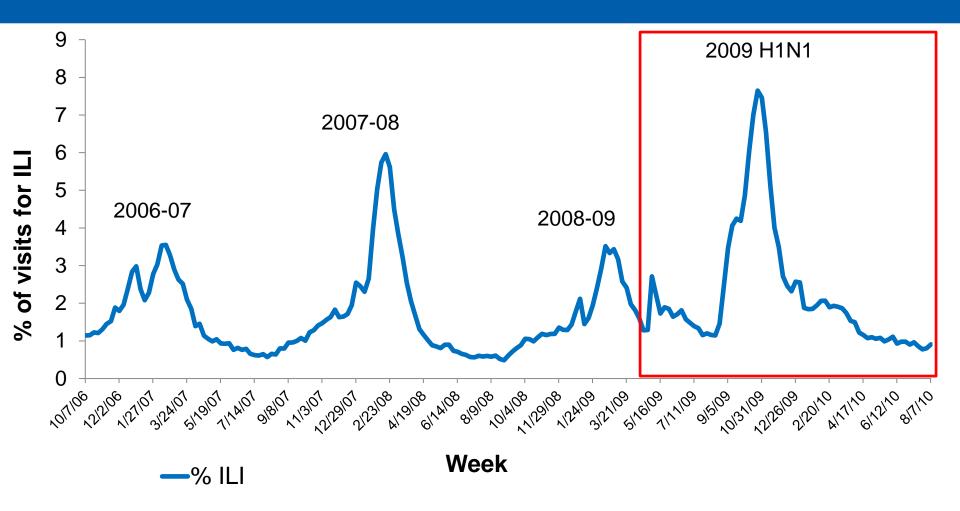
Deaths

Hospitalizations

Clinics and Emergency Department visits



Visits for Influenza-Like Illness (ILI) Surpassed Prior Seasons, Notably Among Younger Age Groups





Data are from the CDC Influenza-Like Illness Network (ILI-Net)

A Really Novel Surveillance System...

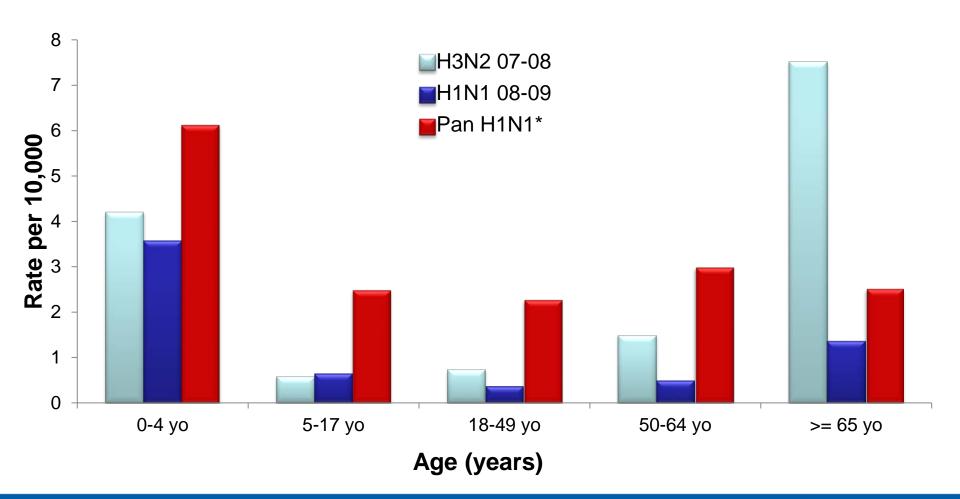


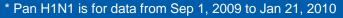
On Arrival at Camp Cabin has **25** Campers

One Week Later Cabin has **11** Campers



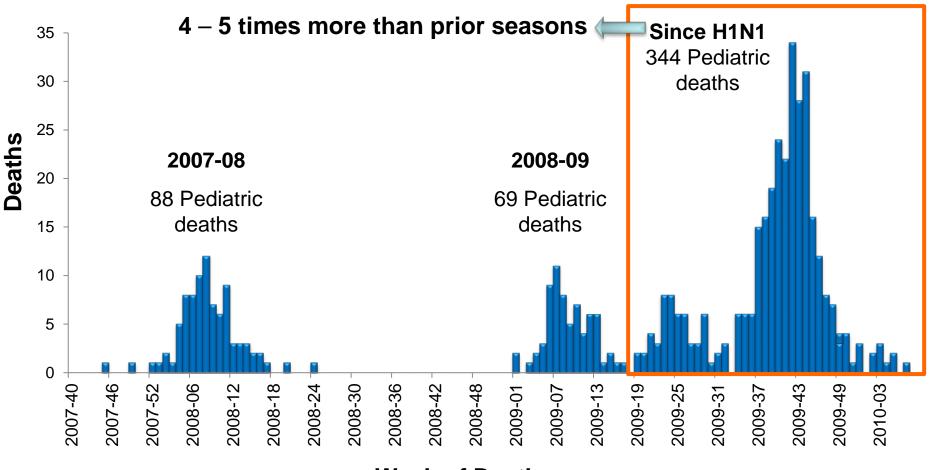
Hospitalization Rates Were Higher among Those Under 65 Years Compared with Prior Seasons

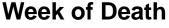






Number of Influenza-Associated Laboratory–Confirmed Pediatric Deaths









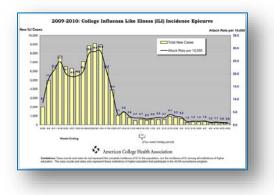
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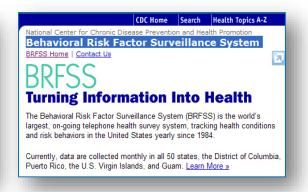


New Surveillance Activities for Monitoring the Pandemic

School and college dismissal and illness monitoring
 Emergency department and intensive care surveillance
 BRFSS influenza illness and vaccine monitoring
 Laboratory-confirmed novel influenza case reports
 Population-based hospitalization surveillance







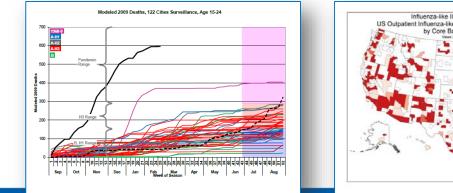
BRFSS, Behavioral Risk Factor Surveillance System



New Epidemiologic Methods

Estimates for excess deaths

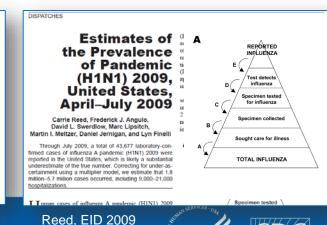
- Aberration algorithm for outbreaks using core-based statistical areas
- New framework for assessing severity and impact of emerging influenza viruses
- Pyramid model for estimating flu disease burden; collaboration of modelers and researchers



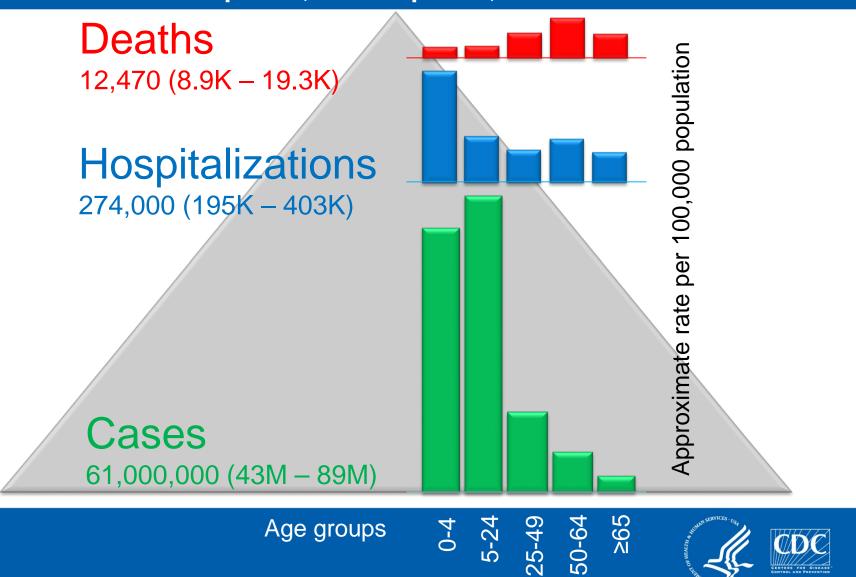
Armstrong, CID, in press Burkom and Kniss, unpublished

Influenza-like liness (ILI) Reported to the US Outpatient Influenza-like liness Surveilance Network (ILINet). by Cree Based Statistical Areas.

Finelli, unpublished CDC data



Characteristics of 2009 H1N1 Influenza Pandemic in the United States April 15, 2009–April 10, 2010



Epidemiology and Surveillance in Action

Existing surveillance base allowed for rapid surge

- Prior years of flu surveillance provided baseline which was easily ramped up
- Multiple surveillance systems were monitoring for any changes in character of pandemic or in the virus

Rapid translation of data for decision making

- Early case-contact and community investigations defined risk groups and directed vaccine policies
- Ongoing assessment of severity tailored prevention and control activities and recommendations



Chicago Response to the H1N1 Pandemic: Strategy and Partnerships at the City Level



Julie Morita, MD Deputy Commissioner Chicago Department of Public Health



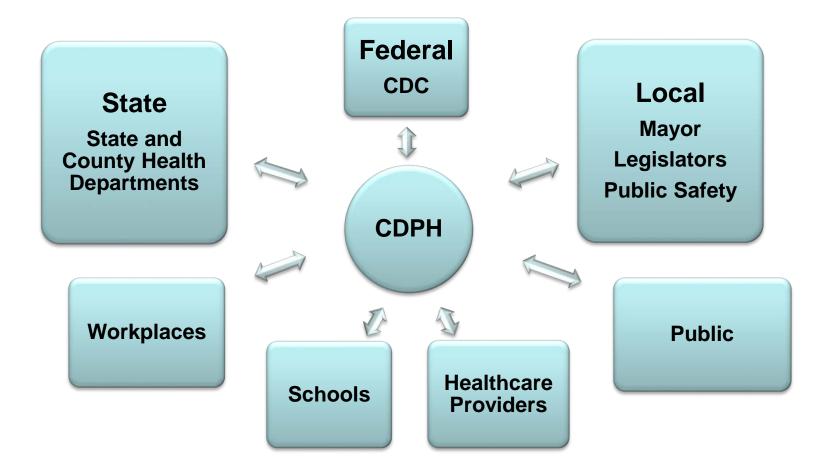
http://www.cityofchicago.org/city/en/depts/cdph.html

Summary of the H1N1 Pandemic in Chicago

- Chicago population: 2.8 million
- First pandemic H1N1 cases confirmed: April 28, 2009
- Hospitalizations: 955
- Deaths: 30
- H1N1 vaccine doses available: 1,293,000
- H1N1 vaccine doses distributed: 1,119,900 (86.6%)



Partners in Response





CDPH, Chicago Department of Public Health



Pictured here are Mayor Richard M Daley and Chicago Public Schools CEO, Ron Huberman



Initial City Response

Surveillance

Non-pharmaceutical community mitigation guidances

- School/daycare
- Workplace
- Social gatherings

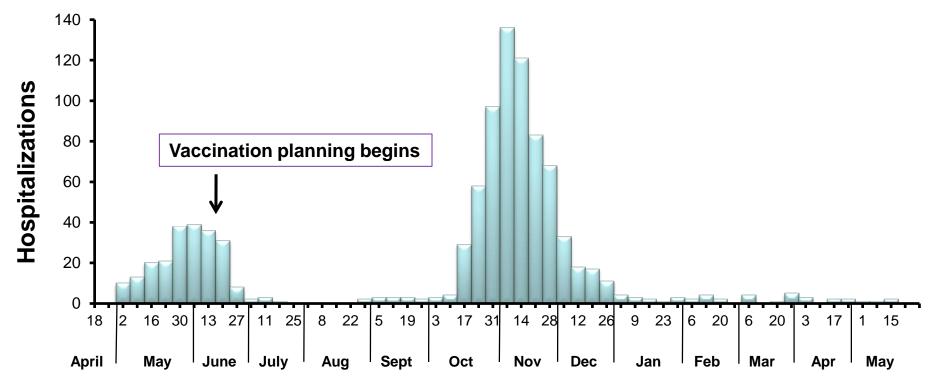
Communication

- General public
- Healthcare community

Vaccination planning



Hospitalizations Associated with the H1N1 Pandemic Chicago, April 28, 2009 – May 15, 2010



Week ending date



Chicago's Vaccination Plan

Distribute vaccine to healthcare facilities

- For healthcare personnel
- For patients

Conduct large–scale mass vaccination clinics

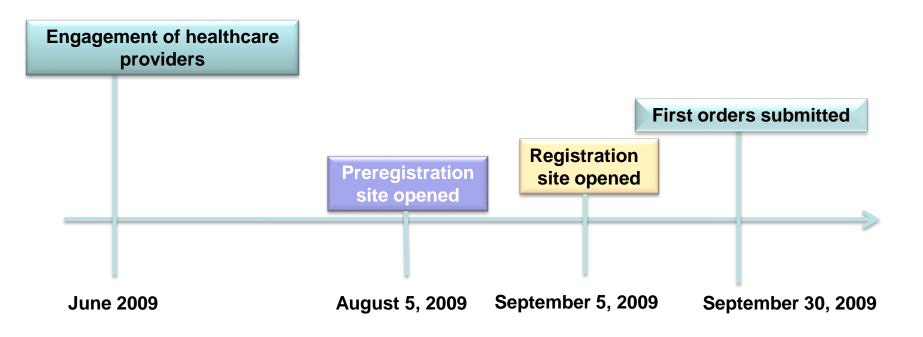
- For those without healthcare providers
- For those whose healthcare providers did not order vaccine







Vaccine Distribution Planning





Guiding Principles for Vaccine Distribution

- Distribute to facilities based on patient population (prioritize ACIP target groups)
- Distribute entire allocation when available
- Distribute in small shipments broadly
- Do not stockpile for public health mass vaccination clinics
- Expand distribution to retail pharmacies and community vaccinators when recommendations expand beyond target groups



Facilities Registered to Receive the H1N1Vaccine October 3, 2009 – March 20, 2010

Facility	Number	Percent
Pediatric providers	467	61.1
Adult providers	182	23.8
Long-term care facilities	51	6.7
Hospitals	37	4.8
Community vaccinators	9	1.0
Colleges/universities	8	1.0
Retail pharmacies	8	1.0
City of Chicago EMS	1	0.1
CDPH warehouse (for CDPH mass vaccination clinics)	1	0.1
All	764	100



CDPH Mass Vaccination Clinics City Colleges of Chicago

- **Richard J. Daley**
- Kennedy King
- Malcolm X
- **Olive Harvey**

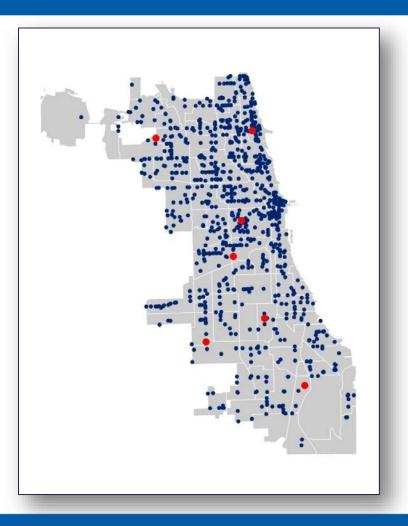
Truman
 Westside Technical
 Wright





CDPH, Chicago Department of Public Health

H1N1 Vaccine Distribution Sites in Chicago



- Healthcare facility
- CDPH mass vaccination clinic



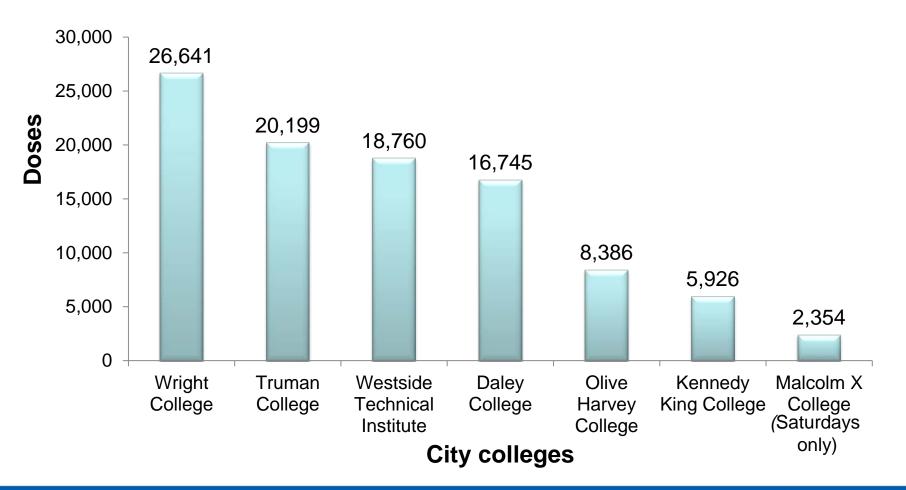
CDPH, Chicago Department of Public Health

Guiding Principles for Mass Vaccination Clinics

Vaccinate those without healthcare providers or whose healthcare providers do not have vaccine
 Promote clinics for those in ACIP target groups
 > Do not deny service based on residence or target group
 Reserve inactivated vaccine for patients with contraindications to LAIV



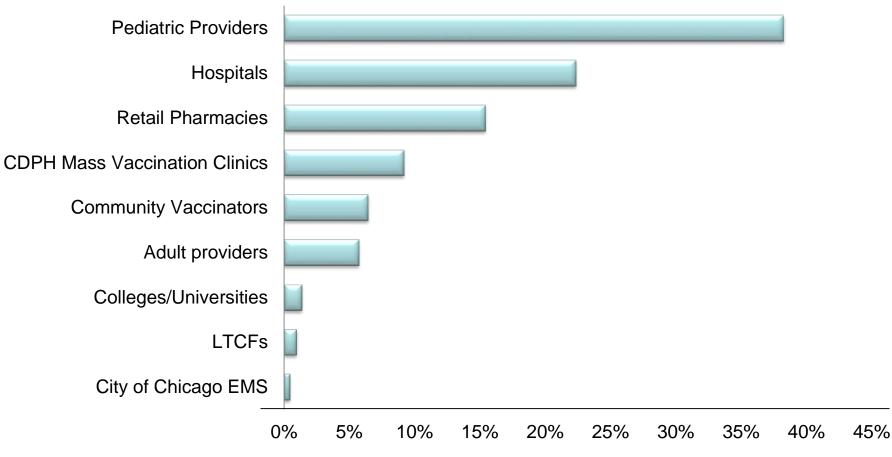
Doses Administered by CDPH Mass Vaccination Site October 24, 2010 – December 19, 2010





CDPH, Chicago Department of Public Health

Distribution of H1N1 Vaccine by Facility Type October 3, 2009 – March 20, 2010

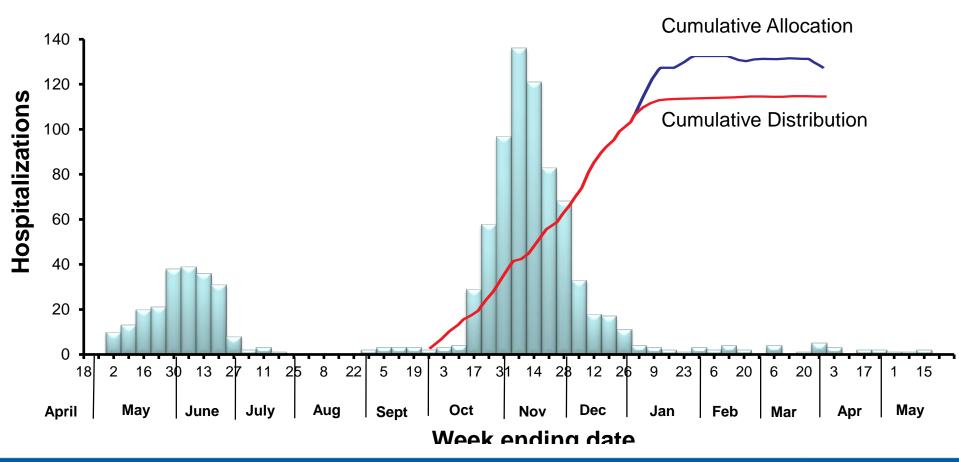


Percent of all doses distributed



LTCF, Long-term care facility

Hospitalizations Associated with the H1N1 Pandemic and H1N1 Vaccine Allocation and Distribution May 2009 – April 24, 2010





Vaccine Distribution: Successes

Healthcare facilities played a larger role in vaccine delivery than anticipated

- Less than 10% of vaccine administered by CDPH mass vaccination clinics
- Pediatric provider enrollment (61%) was higher than other provider types
- Electronic registration was efficient
- Dedicated email and phone line assured high-quality customer service



Vaccine Distribution: Challenges

Vaccine supply was inadequate when demand was the greatest

Adult provider engagement was less efficient than pediatric provider engagement

- > Minimal public health infrastructure for adult vaccination activities
- Public health relationships less established with adult professional organizations (ACOG and ACP) than with pediatric professional organizations (AAP and AAFP)

Incomplete reporting of doses administered

60



Vaccine Distribution: Potential Solutions

- Improve vaccine manufacturing processes to increase production speed
- Dedicate sustained funding for development of adult immunization program similar to the childhood immunization program
- Improve use of immunization information systems (registries) to improve reporting of doses administered
 - Increase recruitment of healthcare facilities
 - Develop interfaces between electronic health records and registries



Mass Vaccination: Successes

Nearly 100,000 people vaccinated

- Minority residents: 80%
- > Adults: 55%

Public Health Emergency Response Funds essential

- Contract with a cold chain management company to manage mass vaccination inventory (vaccine and supplies)
- Overtime for CDPH staff
- Contract with temporary nursing agency provided vaccinators for CDPH mass vaccination clinics



Mass Vaccination: Challenges

Paper-based system was used for tracking vaccine receipt and administration

- Registration data not linked with registry
- No reminder system for children needing second doses

Staff mobilization was challenging

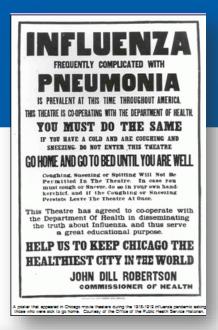
- Union procedures
- Contract procedures



Mass Vaccination: Proposed Solutions

- Develop web-based mass vaccination registration system to interface with registry
- Establish contracts for services needed during emergencies
- Engage unions to establish efficient processes to mobilize union staff in emergency situations





Chicago couple with swine flu say 'I do'

Bride and groom wore face masks and stayed 10 feet away from guests

AP Associated Press

HIGHLAND PARK, Ill. — The bride wore white and a face mask. Ilana Jackson and Jeremy Fierstien of Chicago wore surgical masks and latex gloves to their wedding last Sunday after finding out less than 48 hours before that they had swine flu. The couple decided to go ahead with the ceremony after doctors assured them guests wouldn't be put at serious risk.

To be sure, they also stayed 10 feet away from guests at all times, even walking around the gathering instead of down the aisle at a Highland



What you can try:

More information

Diagnose Connection Problems



Chicago Public Schools chief Ron Huberman, Chicago Public Health Director Terry Mason, left, and Kilmer Elementary School Principal Miguel Trujillo speaks outside Kilmer Elementary School in Chicago Wednesday, April 29, 2009. Chicago school officials shut down an elementary school Wednesday after one child contracted a probable case of swine flu, and the Illinois Health Department said other cases are suspected in the state. (AP Photo/Eric Y. Exit)







Myth #3 Because we have the H1N1 experience, no further preparations are needed



Key Areas to Ensure Preparedness for the Next Pandemic

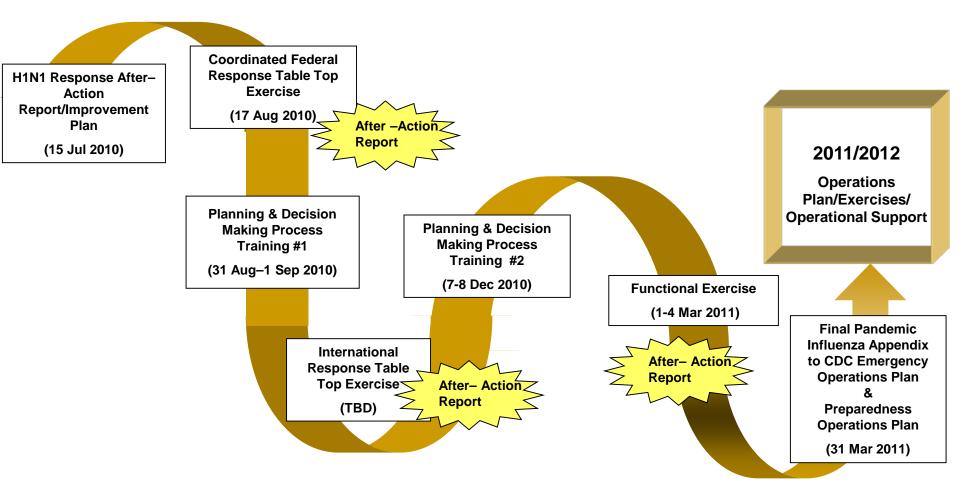
Vaccine

- Enhancing surveillance early identification for vaccine strain
- Improving technology for production
- Optimizing administration strategies
- Continue planning, training, and exercising

Track animal influenza viruses with pandemic potential



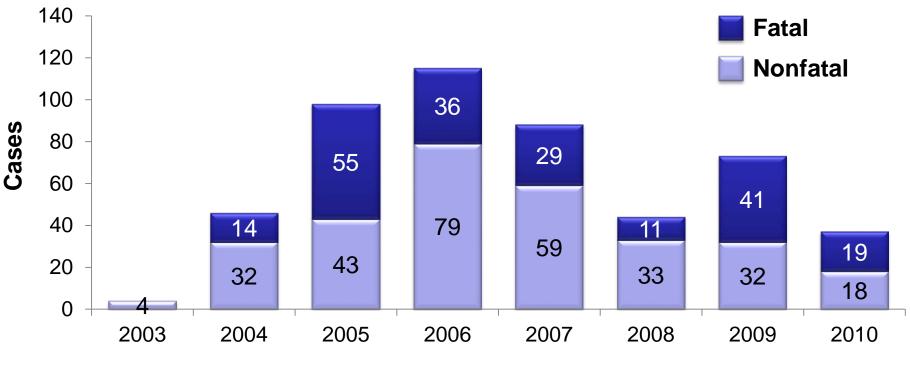
Planned 2010-2011 Pandemic Influenza Training and Exercises





Threat from New Avian Influenza Viruses Unchanged





Year







Pandemic had a substantial health impact

Preparedness improved our response

Still more work to prepare



H1N1 Risk and Crisis Communication: Successes and Challenges

Dr. Vincent T Covello Director Center for Risk Communication New York, New York

Presentation Goals

(1) Share key concepts from the risk communication literature
(2) Evaluate CDC's H1N1 communications against these key concepts
(3) Identify challenges for the future

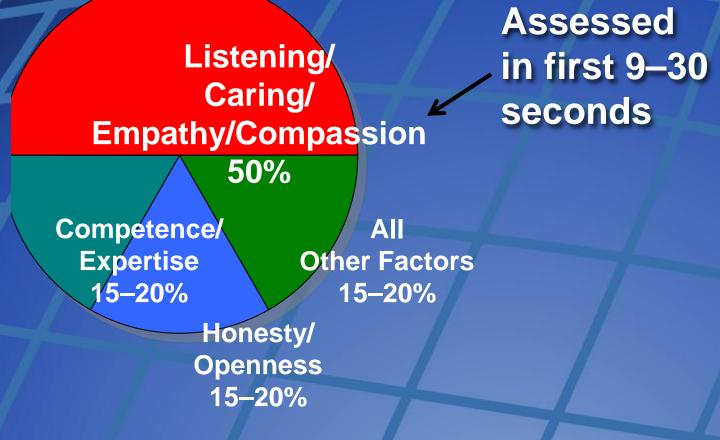
Risk Communication: Key Concepts

When people are stressed and concerned, they typically: (1)...want to know that you care before they care what you know (2)...have difficulty hearing, understanding, and remembering information (3)...trust most those willing to acknowledge the importance of uncertainty

Risk Communication: Key Concepts

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People Want To Know That You Care Before They Care What You Know



People Want To Know That You Care Before They Care What You Know: 9/11

"The number of casualties will be more than any of us can bear ultimately."
"My heart goes out to all of the innocent victims of this horrible and vicious act of terrorism."

Mayor Giuliani, 9/11



NEW SERIES OF 'UP CLOSE' REPORTS ON CNN MONDAY, BP

People Want To Know That You Care Before They Care What You Know: CDC's H1N1 Communications

"First I want to recognize that people are concerned about this situation.
We hear from the public and from others about their concern, and we are worried, as well."

Dr. Richard Besser, CDC Acting Director H1N1 News Conference, April 24, 2010 People Want To Know That You Care Before They Care What You Know: CDC's H1N1 Communications

Extensive use of risk communication "Caring" principles and templates **"**"Templates" – Tools derived from the risk communication literature **Examples:** CCO Template (Compassion, **Conviction**, **Optimism**) CAP Template (Compassion, Action, Perspective)

Risk Communication: Key Concepts

When people are stressed and concerned, they typically: (1)...want to know that you care before they care what you know (2)...have difficulty hearing, understanding, and remembering information (3)...trust most those willing to acknowledge the importance of uncertainty

People Have Difficulty, Hearing, Understanding, and Remembering **Information: CDC's H1N1 Communications** Extensive use made of risk communication "KISS" templates **KISS:** Keep It Simple and Short (e.g., Bullets, Colors, Information Chunks) **Examples:** "Rule of 3" Template ✓ "27/9/3" Template ✓ "Primacy/Recency" Template

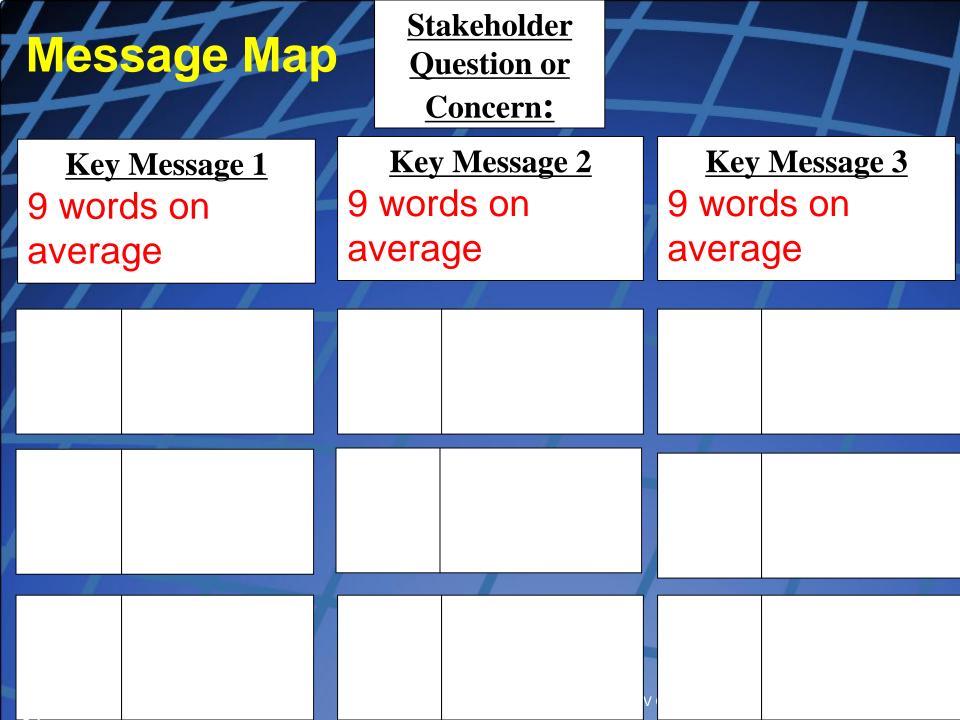
People Have Difficulty, Hearing, Understanding, and Remembering Information: The Rule of 3 (27/9/3)

Everything in Threes:
 Three Key Messages

 (27 words, 9 seconds, 3 messages)

 Repeat Messages at Least Three Times

 (e.g., Triple T Model)
 Provide Three Supporting Facts or Credible Sources for Each Key Message



People Have Difficulty Hearing, Understanding, and Remembering Information: CDC's H1N1 Communications

□ 65 Pandemic Influenza Message Maps Posted on pandemicflu.gov in 2006 Message Mapping Topics **Preparedness, H5N1 avian influenza, pandemic** influenza, antiviral medications, vaccines, human-tohuman transmission, pandemic response, etc. Message Mapping Ongoing CDC activity based on availability of new science and policy

People Have Difficulty, Hearing, Understanding, and Remembering Information: Message Mapping References

"Control of the second state of the second

"Effective Media Communication during Public Health Emergencies: A World Health Organization Handbook" World Health Organization, United Nations: Geneva, April 2007.

Risk Communication: Key Concepts

When people are stressed and concerned, they typically: (1)...want to know that you care before they care what you know (2)...have difficulty hearing, understanding, and remembering information (3)...trust most those willing to acknowledge the importance of uncertainty

People Trust Most Those Willing To Acknowledge the Importance of Uncertainty: CDC's H1N1 Communications

Extensive use made of risk communication "Uncertainty" principles and templates People Trust Most Those Willing To Acknowledge the Importance of Uncertainty: CDC's H1N1 Communications

"I want to acknowledge the importance of uncertainty.

At the early stages of an outbreak, there's much uncertainty, and probably more than everyone would like.

Our guidelines and advice are likely to be interim and fluid, subject to change as we learn more."

Dr. Richard Besser, CDC Acting Director H1N1 Press Conference, April 23, 2009 People Trust Most Those Willing To Acknowledge the Importance of Uncertainty: CDC's H1N1 Communications

The opening of the vaccination campaign for H1N1 is "going to be a little bumpy."

Dr. Thomas Frieden, CDC Director H1N1 Press Conference, Sept. 25, 2009 People Trust Most Those Willing To Acknowledge the Importance of Uncertainty

Lesson Learned: "Messages about numbers or estimates need to be bracketed with statements about uncertainty." **Examples:** ✓ 2010: H1N1 Vaccine Availability (August and October) ✓ 2010 BP Oil Spill April, 2010 – 5,000 barrels/day June, 2010 – 60,000 barrels/day

People Trust Most Those Willing To Acknowledge the Importance of Uncertainty

"Nothing is more important in pandemic risk communication than persuading the public (and the politicians) to think probabilistically.

Public health officials need to insist on their uncertainty.

They need to make uncertainty the message, not the preamble to the message."

Dr. Peter Sandman

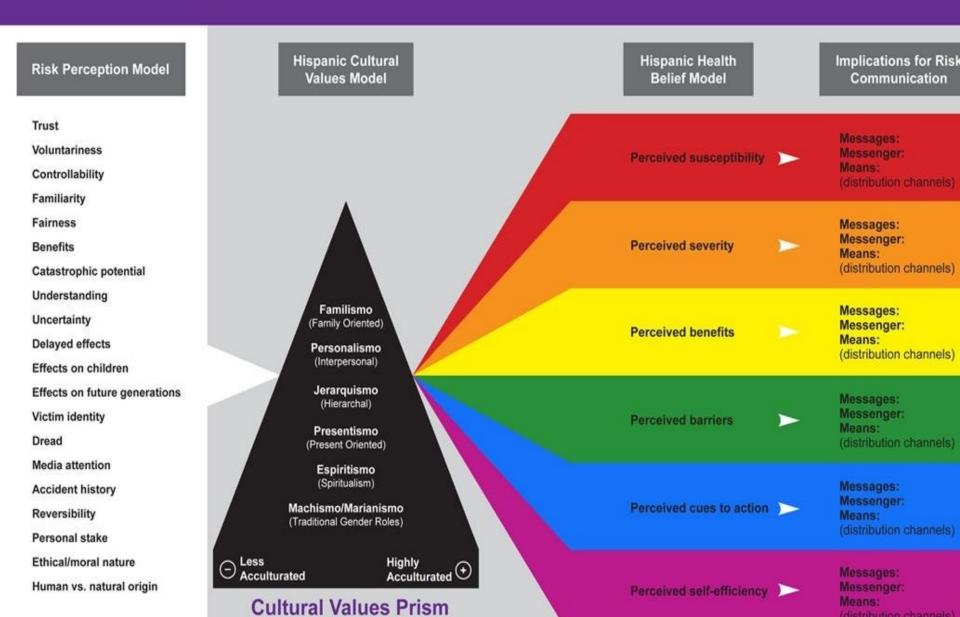
People Trust Most Those Willing To Acknowledge the Importance of Uncertainty: CDC's Crisis and Emergency Risk Communication (CERC) Training

Spearheaded by CDC's Dr. Barbara Reynolds
 CERC Course Materials (e.g., books and videos)
 CERC Online Training
 CERC On-Site Training
 CERC/RiskSmart Certification Training

Three Communication Challenges

 Cultural Diversity
 Message Timeliness, Coordination, and Consistency
 Social Media Three Communication Challenges
Cultural Diversity
Message Timeliness, Coordination, and Consistency
Social Media

Exhibit 1: Hispanic Risk Communications Model



Three Communication Challenges

 Cultural Diversity
 Message Timeliness, Coordination, and Consistency
 Social Media

Three Communication Challenges

 Cultural Diversity
 Message Timeliness, Coordination, and Consistency
 Social Media "If I had all day to cut a large tree, I would spend most of the day sharpening my axe." —Abraham Lincoln

"It takes me an average of two weeks to prepare an impromptu speech."

—Mark Twain

PUBLIC HEALTH GRAND ROUNDS

Office of the Director

September 16, 2010

