Examples of Foods in Commodities

Aquatic

Fish - tuna, grouper, salmon

Shellfish

Crustaceans - crab, lobster Mollusks - clams, oysters

Land

Dairy - milk, cheese, butter

Eggs - chicken eggs, quail eggs,

Meat

Beef - ground beef, steak
Game - venison, bear
Pork - ham, bacon

Poultry - chicken, turkey

Plants

Grains-Beans - rice, wheat, peas, lentils

Oils-Sugars - sugar, honey, olive oil

Produce

Fruits-Nuts - berries, apples, almonds, peanuts

Vegetables

Fungi - mushrooms
Leafy - lettuce, spinach
Root - carrots, onions
Sprout - alfalfa sprouts,
mung bean sprouts
Vine-Stalk - tomatoes,
peppers

Source: Painter JA, Ayers T, Woodruff R, Blanton E, Perez N, Hoekstra R, Griffin PM, Braden C. Recipes for foodborne outbreaks: a scheme for categorizing and grouping implicated foods. Foodborne Pathog Dis, 2009; 6:1259-64. Note: 17 commodities displayed in italics.