

Protect yourself.

Protect your family.

Protect the public.



How can a correctional health care worker be exposed to bloodborne pathogens on the job?

- Needlesticks or cuts from used needles or sharps.
- Contact of your eyes, nose, mouth, or broken skin with blood.
- Assaults – bites, cuts, or knife wounds.
- Splashes or punctures – especially when drawing blood.

How can you protect yourself?

- Get the hepatitis B vaccine.
- Read and understand your employer's Exposure Control Plan.
- Dispose of used sharps promptly into an appropriate sharps disposal container.
- Use sharps devices with safety features whenever possible.
- Use personal protective equipment (PPE), such as gloves and face shields, every time there is a potential for exposure to blood or body fluids.
- Clean work surfaces with germicidal products.

What should you do if you're exposed?

- Wash needlesticks and cuts with soap and water.
- Flush splashes to nose, mouth, or skin with water.
- Irrigate eyes with clean water, saline, or sterile wash.
- Report all exposures promptly to ensure that you receive appropriate followup care.

For additional information:

- Centers for Disease Control and Prevention (CDC)
Telephone: 1-800-CDC-INFO
TTY: 1-888-232-6348
www.cdc.gov/ncidod/dhqp/bp.html
- National Institute for Occupational Safety and Health (NIOSH)
Telephone: 1-800-CDC-INFO
TTY: 1-888-232-6348
www.cdc.gov/niosh/topics/bbp/correctional

Protect yourself today— be there for your family tomorrow.

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